

Ain't Nobody

COPPER KNOB
BY STEPHEN

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Rebecca Lee (MY) & Tomohiro Iizuka (JP) - September 2015
音樂: Ain't Nobody (Loves Me Better) (feat. Jasmine Thompson) - Felix Jaehn



Intro: 16 counts - Phrasing Sequence : ABB ABB tag ABB

Part A : 48 counts

A[1-8] Walk RL, R Ball Cross L, Step R forward, 1/4 R turn Scissors L, 1/2 L turn, Cross Rock R

1,2 Walk R, Walk L
&3,4 Step R forward, 1/4 L Turn Cross L, 1/4 R Turn Step R forward(12:00)
5&6 Turning 1/4 R Side Step L, Close R, Cross L forward(3:00)
7&8 Turning 1/4 L Back Step R, Turning 1/4 L Side Step L, Cross Rock R forward(9:00)

A[9-17] Recover L Sweep R, R Coster Step, Sweep L, Sweep R, Step R, L Kick Ball Back, 1/2 L Turn Triple Steps

1,2&3 Recover L Sweep R to Back, Step R Back, Close L, Step R Forward Sweep L
4,5 Step L forward Sweep R, Step R Forward
6&7 Kick L, Step L beside right, Step R Back
8&1 Turning 1/4 L Side Step L, Close R, Turning 1/4 L Step L forward(3:00)

A[18-24] Shuffle R Diagonally, 1/4 R turn Side L Flick R, Point R, 1/2 R Montrey Turn, Touch R forward, Touch L Forward

2&3 Step R diagonally R forward, Lock Step L behind right, Step R diagonally right forward
4 Turning 1/4 R Side Step L Flick R behind left(6:00)
5,6& Side Point R, Turning 1/2 R Close R, Ball Change L (12:00)
7&8&, Touch R forward, Step R beside left, Touch L forward, Step L beside right

A[25-32] Cross R, Diagonal Back L, R Ball Cross L, Diagonal Back R, L Ball Step R forward, Hold, Swivel RLLR

1,2&3 Cross R forward, Step L diagonally L Back, Step R diagonally R Back, Cross L forward
4&5,6 Step R diagonally R Back, Step L diagonally L Back, Step R forward, Hold
&7&8 Swivel R heel forward, Swivel L heel Forward(Look back wall) , Swivel L Heel Back, Swivel R heel forward(Look front wall)

A[33-40] Side R, 1/4 TURN L X 2, 1/2 Turn L, Touch R, Side Touch R, R Sailor Step

1 Side Step R
2,3,4 Side Step R, Turning 1/4 L Side Step L, Turning 1/4 L Side Step R, Turning 1/2 L Step L diagonally L forward(12:00)
5,6 Touch R forward, Side Touch R,
7&8 Step R behind left, Side Step L, Step R diagonally R

A[41-48] Lock L Behind R Unwind L Full Turn, Side R, Side L, Sway RLRL

1,2 Lock L behind right Unwind L Full Turn, Step L(12:00)
3,4 Side Step R, Side Step L(Feet apart)
5,6,7,8 Sway R, Sway L, Sway R, Sway L

Part B : 32 counts

B[1-8] Big Side Step R, Close L, Body Roll, Side Points RL, Body Roll L, Close R, Side L

1 .2□ Big Side Step R, Close L
3,4 Body Roll from Chest to Knee
5&6 Side Point R, Close R, Side Point L
7&8 Body Roll L Step L, Close R, Side Step L

B[9-16] Kick R ball Touch L Back, Kick L ball Touch R Back, Kick R ball Back Step L, Drug R, Side RL

1&2 Kick R, Step R beside left, Touch L back
3&4 Kick L, Step L beside right, Touch R back
5&6 Kick R, Step R beside left, Step L Back
7&8 Drag R, Side Step R, Side Step L (Feet apart)

B[17-24] Twist L Upper Body, 1/4 R turn Small Jump, Knee Up, Heels Down, 1/4 L turn Knee Roll, Feet Apart

1,2 Prepare Upper body Twist, Twist 1/2 L Upper body Look back wall
3,4 Turning 1/4 R turn Step R forward Small Jump Flick L , Step L forward (3:00)
5,6, Step R forward Knees up both feet, Heels down Toes up both feet
7,8 Turning 1/4 L turn Knee Roll, Heels down (12:00)

B[25-32]Rock R Forward, Recover L Sweep R, R Coaster Step, 1/2 Pivot LRL, Clap X 2

1 .2□Rock R forward, Recover L Sweep R
3&4 Step R back, Close L, Step R forward
5,6,7 Turning 1/2 L Pivot, Turning 1/2 R Pivot, Turning 1/2 L Pivot (Weight on L)(6:00)
&8 Clap X 2

Tag : 4 counts

[1-4]Body Swing

1-4 Feet Apart Body Swing (from R to L) Making a circle

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