

Groov 'N Line

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BYEFOURTEENS

拍數: 32 牆數: 4
編舞者: Michael & Rachel - October 2015
音樂: Groovin' with You - Gord Bamford

級數: Absolute Beginner



#16 count intro

1, 2	right walk, left walk
3 & 4	right heel & left heel (heel switches)
5, 6	right walk, left walk
7 & 8	right heel & left heel (heel switches)
1, 2	right foot rock forward, left foot recover
3 & 4	½ turn over right shoulder & right foot shuffle forward
5, 6	left foot rock forward, right foot recover
7 & 8	left foot coaster step
1, 2, 3, 4	right foot jazz box making ¼ turn to the right
& 5, 6	right foot out, left foot out (out, out), hold
7, 8	2 hip thrusts
1, 2	right hip bumps (2x)
3, 4	left hip bumps (2x)
5, 6, 7, 8	hip rolls (for 4 counts)

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