My Father's Son

拍數: 64

級數: High Intermediate

編舞者: Roy Verdonk (NL) & Roy Hadisubroto (IRE) - October 2015

牆數:2

音樂: My Father's Son - Conner Reeves

Intro: 32 counts	
S1: Walks (2X), Mambo Cross, 1/4 Turn R, Side, Hold, Ball/Step Side	
1-2	Rf walk forward, Lf walk forward
3&4	Rf rock right, recover onto Lf (&), Rf cross in front of Lf
5-6	make 1/4 turn right stepping Lf back, Rf step right (3.00)
7&8	Holds, Lf step next to Rf, Rf step right
S2: Cross, Side, Kick/Ball/Cross, Turning Syncopated Back Locksteps With 1/2 Turn R , Side, Touch	
1-2	Lf cross in front of Rf, Rf step right
3&4	Lf kick diagonally forward left, Lf step together (&), Rf cross in front of Lf
5&	Lf step left, Rf cross in front of Lf (&)
6&	make 1/4 turn right stepping Lf back, Rf cross in front of Lf (&) (6.00)
7&	Lf step back, make 1/4 turn right stepping Rf right (&) (9.00)
8	Lf touch next to Rf
S3: Press L, Hesitation 1/2 Turn L, Ball/cross (2X)	
1-2	Lf press to left on ball of Lf, recovering onto Rf making 1/2X Turn L on ball of Rf
3&4	hold, Lf step left (&), Rf cross in front of Lf (3.00)
5-6	Lf press to left on ball of Lf, recovering onto Rf making 1/2X Turn L on ball of Rf
7&8	hold, Lf step left (&), Rf cross in front of Lf (9.00)
S4: Syncopated Mambo Crosses, 1/4 Turn R With Sweep R, Sweep L, Hitch R, Hold, Ball/Step	
1&2	Lf rock left, recover onto Rf (&), Lf cross in front of Rf
&3&	Rf rock right(&), recover onto Lf , Rf cross in front Lf (&)
4-5	make 1/4 turn right stepping Lf back and sweeping Rf from front to back, Rf step back sweeping Lf from front to back
6-7	Lf step back hitching Rf up, hold
&8	Rf step together (&), Lf step forward (12.00)
S5: Walks (2X), Triple Full Turn L, 3/4 Turn R, Cross Sailor Step	
1-2	Rf step forward, Lf step forward
3&4	make 1/2 turn left stepping Rf back, make 1/2 turn left stepping Lf forward (&), Rf step forward (12.00)
5-6	make 1/4 turn right stepping Lf left (03.00), make 1/2 turn right stepping Rf right (9.00)
7&8	Lf cross in front of Rf, Rf step right (&), Lf step left
S6: Cross, Side With Hitch, Hold, Cross Behind, Side, Syncopated Cross Rock Steps	
1-2	Rf cross in front of Lf, Lf step left hitching Rf up
3&4	hold, Rf cross behind Lf (&), Lf step left
(*Here comes the Tag with Restart in wall 3)	
5-6&	Rf rock in front Lf, recover onto Lf, Rf step together (&)
7-8&	Lf rock in front of Rf, recover onto Rf, Lf step together (&)
S7: Cross Twist Turns (2X), Skates Back (4X)	
1-2	Rf cross in front of Lf, unwind 1/2 turn left (3.00) (finish with weight on Lf)
&3-4	Rf step next to Lf (&), Lf cross in front of Rf, unwind 1/2 turn right (9.00) (finishing with weight on Lf)



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- 5-6 Rf skate back, Lf skate back
- 7-8 Rf skate back, Lf skate back

S8: Syncopated Sailor Steps , Ball/Step, Hesitation 1/4 Turn L

- 1&2 Rf cross behind Lf, Lf step left (&), Rf step right
- &3& Lf cross behind Rf (&), Rf step right, Lf step left (&)
- 4 Rf step together
- &5 Lf step together (&), Rf step forward
- 6-7-8 make 1/4 turn left over 3 counts (6.00)

Tag With Restart: in wall 3 instead of making the syncopated cross rock steps you will do:

- 5-6& Rf cross rock in front of Lf, recover onto Lf making 1/4 turn right, Rf make quick step forward (&)
- 7-8 Lf step forward, Rf touch next to Lf

Restart dance after Tag

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Last Update - 17th Oct. 2015