

# It's A Great Day!

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Improver / Intermediate  
編舞者: Jessica Boström (SWE) - October 2015  
音樂: It's a Great Day to Be Alive - Lee Matthews



(Start after 32 counts, 14 secs in)

## S1: Side. Behind. Side. Heel. Side. Heel. Side. Heel.

1 - 4      Step R to R side. Cross Step L behind R. Step R to R side. Tap L Heel Forward.  
5 - 8      Step L to L side. Tap R Heel Forward. Step R to R side. Tap L Heel Forward.

## S2: Side. Cross. Side. Behind. Side. Heel. Side. Heel.

1 - 4      Step L to L side. Cross Step R over L. Step L to L side. Cross Step R behind L.  
5 - 8      Step L to L side. Tap R heel Forward. Step R to R side. Tap L Heel Forward.

## S3: Side. Together. Forward. Touch. Side. Together. Back. Touch.

1 - 4      Step L to L side. Step R next to L. Step Forward on L. Touch R beside L.  
5 - 8      Step R to R side. Step L next to R. Step Back on R. Touch L beside R.

## S4: Chassé with ¼ Turn L. Hold. Rocking Chair.

1 - 4      Step L to L side. Step Together with R. ¼ Turn L Step Forward L. Hold. (9.00)  
5 - 6      Rock Forward R. Recover onto L. \*R3  
7 - 8      Rock Back R. Recover onto L. \*R2

## S5: ¼ Pivot Turn L. Heel Grind. Behind. Side Cross. Hold.

1 - 4      Step Forward on R. ¼ Pivot Turn L (weight on L). Cross Step R Heel over L. Step L to L Side as you grind R heel. (6.00)  
5 - 8      Cross Step R behind L. Step L to L side. Cross Step R over L. Hold.

## S6: Side. Together. Forward. Hold. Step. Lock. Step Hold.

1 - 4      Step L to L side. Step R next to L. Step Forward on L. Hold.  
5 - 8      Step Forward on R. Lock L behind R. Step Forward on R. Hold. \*R1

## S7: ½ Pivot Turn R. Hold. ¼ Turn L. ½ Turn L. Cross. Hold.

1 - 4      Step Forward L. 1/2 Turn R (weight on R). Step Forward on L. Hold. (12.00)  
5 - 8      Turn ¼ L Stepping R to R Side. Hinge Turn ½ L Step L Stepping L to L Side. Cross Step R over L. Hold. (3.00)

## S8: Side Rock. Forward Rock. Coaster Step. Hold.

1 - 4      Rock to L with L. Recover onto R. Rock Forward with L. Recover onto R.  
5 - 8      Step Back on L. Step R next to L. Step Forward on L. Hold. (3.00)

### Restarts:-

\*R1: Wall 2 dance up to count 47 then change count 48 to Step L beside R, ready to start again with R foot, (restart facing 09.00)

\*R2: Wall 5 restart after count 32, (restart facing 12.00)

\*R3: Wall 6 restart after count 30 (restart facing 09.00)

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Please do not alter this step sheet in anyway.