PMC Dirt (a.k.a Pullman City Dirt)



拍數: 80 牆數: 2 級數: Phrased Intermediate

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音樂: Kentucky Dirty - Laura Bell Bundy



Sequence: AABBCBAABBCBBDC+4

Start after 16 counts

Part A - 16 counts

A[1-8] □Wizard Step, 1∕2Turn Left With Tap Tap Stomp, Behind Side & Rock Step			
1-2	Step right forward to right diagonal, Step left (lock) behind right		
&3	Step right forward to right diagonal, step left forward to left diagonal		
4&5	Make a 1/4 turn left and tap ball of right foot to right side, make a 1/8 turn left and tap ball of right food to right side, make a 1/8 turn left with a step right to right side and lift left foot slightly up (end up facing 6:00)		
6&	Step left behind right, step right to right side		
7-8	Step left forward across right, recover weight back onto right		

Step left forward across right, recover weight back onto right

A[&9-16] □Together, RockStep, Together, Step, 1/2 Swivel Turn Right, Coaster Step & Step, Drag Step left next to right, step right forward across left, recover weight back onto left &1-2

&3 Step right next to left, step left forward

4&5 Make a 1/4 turn right and swivel both heels left, swivel both heels right, make a 1/4 turn right

and swivel both heels left (end up facing 12:00, weight back onto left)

Step right back, step left next to right, step right forward &6&

7-8 Step left forward, drag right next to left

Part B - 8 counts

B[1-8] Step Side, Together, Chasse With 1/4 Turn Right, Syncopated Rocks With 1/4 Turn Right

1-2	Step right to right side, step left next to right
3&4	Step right to right side, step left next to right, make a 1/4 right and step right forward
5&	Step left forward, recover weight back onto right
6&	Make a 1/4 turn right and step left back, recover weight forward onto right (end up facing
	6:00)

7& Step left forward, recover weight back onto right

Step left next to right

Part C – 36 counts

C[1-8] Walk, Walk, Kick Out Out, Toe Heel Hook Step Heel Toe Together

1-2	Step right forward, step left forward
3&4	Kick right forward, step right to right side, step left to left side
5&6	Swivel right toe in, swivel right heel in, hook right across left
&7&	Step right to right side, swivel right heel out, swivel right toe out

Step left next to right

C[9-16] □Syncopated Monterey Turns & "PMC Dirt Steps"

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1&	Touch right to right side, make a 1/4 turn right and step right next to left
2&	Touch left to left side, step left next to right (end up facing 3:00)
3&	Touch right to right side, make a 1/4 turn right and step right next to left
4&	Touch left to left side, step left next to right (end up facing 6:00)
5&	Step right to right side, flick left behind right and slap left foot with left hand
6&	Step left to left side, flick right behind right and slap right foot with right hand

7& Step right to right side and brush both Hands over your upper legs as you put dirt from your

hands

8 Close feet together and clap hands

C[17-24]□Walk, Walk, Kick Out Out, Toe Heel Hook & Heel Toe Together,

Repeat steps 1-8 from Part C

C[25-32] □Syncopated MontereyTurns&"PMCDirtSteps"

Repeat steps 9-16 from Part C

C[33-36] □"PMC Dirt Steps"

Repeat steps 13-16 from Part C (last 4 counts off C)

Part D □(starts facing 6:00) 20 counts

D[1-8] □Walk, Walk, Mambo Step, Walk Back Back, Coaster Step

1-2 Step right forward, step left forward

3&4 Step right forward, recover weight back onto left, step right back

5-6 Step left back, step right back

7&8 Step left back, step right next to left, step left forward

D[9-16] □Cross Mambo Step, Jazz Box With 1/2 Turn Right

Step right forward across left, step left to left side, recover weight onto right

Step left forward across right, step right to right side, recover weight onto left

5-6 7-8 Step right across left, make a 1/4 turn right and step left back Make a 1/4 turn right and step

right forward, step left forward (end up facing 12:00)

D[17-20]□Walk Around Full Turn Right

1-4 Make a full turn right and walk r-l-r-l (end up facing 12:00)

Part C+4 (Ending)

When dancing Part C for the last time, you have to dance the last 4 counts of Part C once again to finish the dance.

[37-40] □"PMCDirtSteps"&Pose

Repeat steps 13-16 from Part C (last 4 counts off C) and strike a pose!

Have Fun!!!

Jo, John, Roy &Robbie