

Way Way Back

拍數: 48 牆數: 2 級數: Intermediate
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音樂: Way Way Back - Luke Bryan



[1-8] : Walk x2 – Coaster Cross – Ball Step – Cross – Side Mambo Cross

1-2 Step RF backward – Step LF backward
3&4 Step RF backward – Step LF next RF – Cross RF over LF
&5-6 Step LF to L side (on the ball) - Step RF to R side – Cross LF over RF
7&8 Rock RF to R side – Recover weight LF – Cross RF over LF

[9-16] : Step With ¼ turn x2 – Mambo Forward – Mambo Side – Sailor Step – Behind – Step With ¼ turn – Hitch

1-2 Making ¼ turn R stepping LF back – Making ¼ turn R stepping RF to R side
3&4 Rock LF forward – Recover weight RF – Rock LF to L side
&5&6 Recover weight RF – Cross LF behind RF – Step RF next LF – Step LF to L side
7&8 Cross RF behind LF – Making ¼ turn L stepping LF forward – Hitch R knee

[17-24] : Step x2 – Slide – Coaster Cross – Ball Step – Cross – Step With ¼ turn x2

&1-2 Step RF backward – Step LF backward – Slide RF next LF
3&4 Step RF backward – Step LF next RF – Cross RF over LF
&5-6 Step LF to L side (on the ball) – Step RF to R side – Cross LF over RF
7-8 Making ¼ turn L stepping RF backward – Making ¼ turn L stepping LF to L side

[25-32] : Cross Mambo – Cross Mambo with ¼ turn – Rocking Chair – Kick – Walk x2

1&2 Cross Rock RF over LF – Recover weight LF – Step RF to R side
3&4 Cross Rock LF over RF – Recover weight RF – Making ¼ turn L stepping LF forward
5&6& Rock RF forward – Recover weight LF – Rock RF backward – Recover weight LF
7&8 Kick RF forward – Step RF forward – Step LF forward

[33-40] : Step Turn – Coaster Step – Wizard Step x2

1-2 Step RF forward – Making ½ turn L and keep weight on RF
3&4 Step LF backward – Step RF next LF – Step LF forward
5-6& Step RF diagonally forward – Lock LF behind RF – Step RF to R side
7-8& Step LF diagonally forward – Lock RF behind LF – Step LF to L side

[41-48] : Heel Grind & Out Out x2 – Step – Kick with ¼ turn – Step ¼ Turn – Kick

1-2& Grind with R heel – Step LF to L side – Step RF to R side
3-4& Grind with L heel – Step RF to R side – Step LF to F side
5-6& Step RF forward – Making ¼ turn L with L kick forward – Step LF next RF
7-8& Step RF forward – Making ¼ turn L (weight on LF) – Kick RF forward

Restart : At 3rd & 5th walls, do the first 32 counts and restart the dance

Have fun !!!!

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