

No Cheating (aka My Babe)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sue Ann Ehmann (USA) - October 2015
音樂: My Babe - Martina McBride : (CD: Everlasting)



Intro: 16 counts (Lyrics) No Tags, No Restarts

Special thanks to Aline Goodman for the song suggestion!

[1-8] □ OUT, OUT, BACK ROCK, RECOVER, SIDE, CROSS, SIDE, 1/4 LEFT SAILOR

1-2, Step right to side, step left out to side
3&4 Rock right behind left, recover, step right to side
5-6 Step left across right, step right to side
7&8 Sweep left behind right turning 1/4 left, step right to side, step left slightly forward □ 9:00

[9-16] □ TOUCH FORWARD, TOUCH BACK, TRIPLE FORWARD, STEP, PIVOT 1/4 □ RIGHT, COASTER

1-2 Touch right forward, touch right back
3&4 Step right forward, step left beside right, step right forward
5-6 Step left forward, pivot 1/4 right stepping right to side □ □ □ □ 12:00
7&8 Step left back, step right beside left, step left forward

[17-24] □ CHARLESTON KICK, HIP BUMPS HIGH AND LOW (a.k.a. DRESSER DRAWERS)

1-4 Kick right forward, step right back, touch left back, step left forward
5&6& Touch right foot slightly forward and bump hips right raising body slightly (5), □ bump hips left returning body to center (&), bump hips right lowering body slightly (6), bump hips left returning body to center (&)
7&8& Bump hips right raising body slightly (7), bump hips left returning body to □ center (&), bump hips right lowering body slightly (8), bump hips left returning body to center (&)

Easier option for the "Dresser Drawer" hip bumps: Just bump your hips right, left, right, left, right, left, right, left.

[25-32] FORWARD ROCK, RECOVER, LOCK STEP BACK, BACK ROCK, RECOVER, TRIPLE 1/2 TURN RIGHT

1-2 Rock right forward, recover left
3&4 Step right back, step left across right, step right back
5-6 Rock left back, recover right
7&8 Turning 1/4 right step left to side, step right beside left, turn 1/4 right stepping left back 6:00

START AGAIN

Choreographer Information: Sue Ann Ehmann, Patrick Springs, VA USA SueAnn5678@gmail.com

All Rights Reserved.

This Step Sheet may not be altered in any way without the written permission of the Choreographer.
If you would like to use on your website please make sure it is in its original format.