

# Feels So Good

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Kerry Maus (USA) - October 2015  
音樂: Ooh La La (Feel so Good) - Farmdale : (iTunes)



**\*\* Windy City Line Dance Mania 2015 Second place finisher in Heat 2 \*\***

## #32 COUNT INTRO

### MODIFIED MONTEREY ½ RIGHT, LEFT SIDE ROCK, RECOVER, CROSS, R SIDE ROCK, RECOVER, CROSS, SIDE, BEHIND, ¼ TURN LEFT

1 2            Touch R toe to R side, turn ½ R and step R together,  
3&4           L Side Rock recover R, Cross L over R  
5&6           R side rock recover L, Cross R over L  
&78           Step L to L side, Cross R behind L, step L to L side as you make a ¼ turn L

### ½ DIAMOND BOX, KNEE POP, BALL-BACK INTO SIT, RECOVER

1&2           Cross R over L, Step L to L, Make 1/8 turn right stepping R back  
3&4           Step L back, Make 1/8 turn right stepping R to R, Make 1/8 turn right stepping L fwd  
5&6           Step R slightly fwd, pop knees fwd by lifting heels, Return knees and heels to normal position with weight ending on L  
&78           R Ball back, Step Back on L and drop body back and down into sit position, with weight over L foot, recover back forward ending with weight on R

**(\*\* Alternative styling option for counts 7-8. Step back on L into a Body Roll, Start with moving head back, to shoulders, then back, and sit weight back onto hips, then reverse back up.)**

### STEP, HEEL SWIVELS, TOE, CROSS, STEP, TOE, STEP, HEEL, STEP, ½ TURN CHASE TURN

&1&2           Squaring up to 6:00, Step L to L, lift R heel and Swivel in & out and replace (weight to R) Lift L heel and swivel in  
&3&4           and replace (weight to L), Lift R heel and swivel in, touch R toe beside L, touch R heel in front  
&5&6           Step R foot fwd, Touch L toe behind R, step L in place, R heel in front  
&7&8           R ball, step L fwd, ½ turn to R, weight to R, step L fwd.

### KICK, STEP, SIDE ROCK, RECOVER, KICK, STEP, SIDE ROCK, RECOVER, ½ TURN JAZZ BOX, TRIPLE FWD, STEP

1&2&           Kick R fwd, step down on R, rock L to L side, recover on R  
3&4&           Kick L fwd, step down on L, Rock R to R side, recover on L  
5&6&           Cross R over L, Step L Back making ¼ turn R, step back R turning ¼ turn to R, step fwd L  
7&8&           Step R fwd, step L beside R, Step R fwd, Step L Fwd

## RESTART

Have fun!

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