Starry Cha



拍數: 32 牆數: 4 級數: Improver

編舞者: Jan Brookfield (UK) - October 2015

音樂: Later Than You Think - David Starr: (iTunes)



Or: "Happy to be on an Island in the Sun" by Demis Roussos (120 BPM)

Section 1 : ROCK FORWARD, RECOVER, BACK SHUFFLE, ROCK BACK, RECOVER, FORWARD SHUFFLE

1,2,3&4 Rock R forward, recover onto L, shuffle back on R,L,R 5,6, 7&8 Rock L back, recover onto R, shuffle forward on L,R,L

Section 2: STEP FORWARD, 1/4 PIVOT TURN LEFT, CROSS SHUFFLE, SIDE ROCK, RECOVER, STEP BEHIND, STEP SIDE

9,10 Step R forward, pivot quarter turn left transfer weight onto L (facing 9 o'clock)

11&12 Shuffle across to left on R,L,R

13,14,15,16 Rock L to side, recover on R, step L behind R, step R to right side

Section 3: CROSS ROCK, RECOVER, CHASSE LEFT WITH 1/4 TURN LEFT, ROCK FORWARD, RECOVER, 2 HALF TURNS BACK

17,18 Rock L across in front of R, recover onto R

19&20 Step L to side, close R to L, making guarter turn left step L forward (6 o'clock)

21,22 Rock R forward, recover onto L

23,24 Making half turn right step forward on R, Making another half turn right step back on L (still

facing 6 o'clock) *

Section 4: ROCK BACK, RECOVER, KICK-BALL-CHANGE, ½ PIVOT TURN, ¼ PIVOT TURN

25,26 Rock R back, recover onto L

27&28 Kick R forward, rock back on R, recover forward onto L

29,30 Step R forward, pivot half turn over left shoulder, transfer weight onto L

31,32 Step R forward, pivot quarter turn over left shoulder, transfer weight onto L (now facing 9

o'clock)

*PLEASE NOTE: The two ½ turns in Section 3, counts 23,24; can be replaced by 2 walks back.