My Angel Of The Morning



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Kim-Fundanzer (MY) - October 2015 音樂: Angel of the Morning - Juice Newton 或: Angel of the Morning - Pretenders



Intro: 20 Counts...start the dance just before vocals

S1 – RIGHT BASIC NIGHTCLUB, SIDE, BEHIND, RECOVER, WALK, WALK, ROCK FORWARD, RECOVER WITH SWEEP

1-2&	Step to the right on Rf, step Lf slightly behind Rf, recover onto Rf
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3-4& Step Lf to left side, step Rf behind Lf, recover onto Lf

5-6 Walk forward on Rf. Lf

7-8 Rock forward on Rf, recover onto Lf with a sweep on Rf from front to Back (12:00)

S2 - WALK BACK WITH SWEEPS, WEAVE LEFT, SIDE, RECOVER, TOGETHER. SIDE, BACK, RECOVER

1-2 Step back on Rf with a Lf sweep, step back on Lf with a Rf sweep

3&4 Step Rf behind Lf, step Lf to side, cross-step Rf over Lf5-6& Step Lf to side, recover onto Rf, step Lf next to Rf,

7-8& Step Rf to side, step Lf behind Rf, recover onto Rf (12:00)

S3 – 1/2 TURN RIGHT WITH SWEEP, BEHIND, SIDE, CROSS, RECOVER, SIDE, CROSS, COASTER STEP, 1/2 PIVOT TURN RIGHT

1 Make ½ turn right stepping Lf back sweeping Rf from front to back (6:00)

2&3 Step Rf behind Lf, step Lf to side, cross-step Rf over Lf, (body angled to face 4:30)
4&5 Recover onto Lf, step Rf to side, cross-step Lf over Rf, (body angled to face 7:30)

6&7 (Still facing 7:30) Step back on Rf, step Lf next to Rf, step Rf forward

8& Step Lf forward, pivot 1/2 right stepping on Rf (1:30)

***2nd Restart on Wall 5, after 24 counts , turn 1/8 left to restart the dance, facing 6:00 o'clock (for song by Juice Newton)

S4 - 1/8 TURN RIGHT, SWAY LEFT RIGHT LEFT, TOUCH, KICK BALL CROSS, MAMBO, RECOVER

1-4 Make 1/8 turn right, stepping Lf to left side, swaying on Lf-Rf-Lf, touch Rf next to Lf (3:00)

***2nd Restart here, after 28 counts on Wall 5, facing 3:00 o'clock (for song by The Pretenders)

5&6 Kick Rf diagonally left, step on ball of Rf, cross Lf over Rf

7&8& Rock Rf to the side, recover onto Lf, step Rf next to Lf, recover onto Lf (3:00)

S5 – SIDE ROCK, RECOVER, SAILOR 1/2 TURN RIGHT, STEP 1/2 PIVOT TURN RIGHT, LEFT SCISSORS STEP

1-2 Rock to the side on Rf, recover onto Lf

3&4 Make right ½ turn sweeping Rf behind Lf, recover onto Lf, step Rf forward

5-6 Step forward on Lf, pivot ½ turn right stepping forward on Rf (3:00) 7&8 Step Lf to the side, step Rf next to Lf, cross-step Lf over Rf (3:00)

***1st Restart here on Wall 2, after 40 counts, facing 6:00 (for both song versions)□

S6 – RIGHT BASIC NIGHTCLUB, LEFT BASIC NIGHTCLUB, RECOVER, STEP TOG, SIDE, STEP TOG, RECOVER

1-2&	Step to the right on Rf, step Lf slightly behind Rf, recover onto Rf
3-4&	Step to the left on Lf, step Rf slightly behind Lf, recover onto Lf
5-6&	Step Rf to the side, recover onto Lf, step Rf next to Lf
7-8&	Step Lf to the side, step Rf next to Lf, recover onto Lf (3:00)

^{***2} Restarts: For song by Juice Newton

^{~1}st Restart: Wall 2, after 40 counts, restart the dance, facing 6:00 o'clock

~2nd Restart: Wall 5, after 24 counts, restart the dance, facing 6:00 o'clock

Ending: Wall 7 (3:00):

Dance up to counts 5&6 of Section 4, then on counts 7&8, rock Rf to the side (7), recover onto Lf (&), cross Rf over Lf (8) and pose!

***2 Restarts: For song by The Pretenders:

~1st Restart: Wall 2, after 40 counts, restart the dance, facing 6:00 o'clock

~2nd Restart: Wall 5, after 28 counts, restart the dance, facing 3:00 o'clock

Ending: Wall 7 (6:00), to end the dance facing front:

Dance up to counts 4& of Section 1, with step change on counts 5-8, step forward on Rf (5), pivot ½ turn left stepping on Lf (6), step forward on Rf (7), point Lf to the side (8) and pose!

Have fun, enjoy!

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