

Cha Cha 4C (鑽石恰恰) (zh)

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Improver
編舞者: Rep Ghazali (SCO) - 2008年05月
音樂: Oh Carol - Barbados : (CD: Rosalita)



- 第一段 Side-Together, ¼ Turn Shuffle, ¼ Turn-Together, ¼ Turn Shuffle**
側-併, 轉1/4交換, 轉1/4併, 轉1/4交換
- 1-2 Step Right To Right Side, Step Left Together
右足右踏, 左足併踏
- 3&4 ¼ Turn Right Stepping Forward Right, Step Left Together, Step Forward Right 右轉90度右足前踏, 左足併踏, 右足前踏
- 5-6 ¼ Turn Right Stepping Left To Left Side, Step Right Together
右轉90度左足左踏, 右足併踏
- 7&8 ¼ Turn Left Stepping Forward Left, Step Right Together, Step Forward Left 左轉90度左足前踏, 右足併踏, 左足前踏
- 第二段 Step-Hitch ½ Turn, Shuffle Forward, Full Turn, Kick Ball Change**
踏-抬轉1/2, 前交換, 轉圈, 踢交換
- 1-2 Step Forward Right, Hitch On Left Making ½ Turn Right
右足前踏, 左足抬右轉180度
- 3&4 Step Forward Left, Step Right Together, Step Forward Left
左足前踏, 右足併踏, 左足前
- 5-6 ½ Turn Left Stepping Back Right, ½ Turn Left Stepping Forward Left
左轉180度右足後踏, 左轉180度左足前踏
(Easier Option: Skate Right, Skake Left簡易版:右滑冰步, 左滑冰步)
- 7&8 Kick Right Forward, Step Back Right, Step Forward Left
右足前踢, 右足後踏, 左足前踏
- 第三段 Side-Touch, ¼ Turn Shuffle, Step-¼ Pivot Turn, Triple ½ Turn**
側-點, 轉1/4交換, 踏轉1/2, 小三步轉1/2
- 1-2 Step Right To Right Side, Touch Left Together
右足右踏, 左足併點
- 3&4 ¼ Turn Left Stepping Forward Left, Step Right Together, Step Forward Left 左轉90度左足前踏, 右足併踏, 左足前踏
- 5-6 Step Forward Right, ½ Pivot Turn Left 右足前踏, 左轉180度
- 7&8 Triple ½ Turn Left Stepping Right-Left-Right On The Spot
小三步左轉180度-右, 左, 右
- 第四段 Rock Back-Recover, Kick Ball Change, Step-¼ Pivot, Cross Shuffle**
後下沉回復, 踢交換, 踏轉1/4, 交叉交換
- 1-2 Rock Back Left, Recover On Right
左足後下沉, 右足回復
- 3&4 Kick Left Forward, Step Back Left, Step Forward Right
左足前踢, 左足後踏, 右足前踏
- 5-6 Step Forward Left, ¼ Pivot Turn Right
左足前踏, 右轉90度
- 7&8 Cross Left Over Right, Step Right To Right Side, Cross Left Over Right
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
- ENDING To Face Front Wall: After 8th Wall Add This Steps, Will Be Facing Front Wall
結束面向前面牆: 第八面牆結束後, 加下列8拍面向前面牆結束
- 1-2 Step Right To Right Side, Step Left Together
右足右踏, 左足併踏
- 3&4 Step Right To Right Side, Step Left Together, Step Right To Right Side 右足右踏, 左足併踏, 右足右踏

5 Step Left To Left Side 左足左踏

6-8 Stomp On The Spot Right-Left-Right 原地重踏-右, 左, 右
