

# You Are The Song Within My Heart

COPPER KNOB  
STEPSHEETS

拍數: 60      牆數: 4      級數: Phrased High Beginner  
編舞者: Tina Chen Sue-Huei (TW) - October 2015  
音樂: You Are The Song In My Heart (你是我心內的一首歌) (feat. Selina) - Wang Leehom (王力宏)



A:28counts B:32counts Tag:28counts

SOD: AABA Tag ABA

Start dance after 2x8

## Tag (28 Counts)

### TI. R Side Together Side Drag, Rocking Chair

1-4            Side step R, Together step L, Side step R, Drag along L on count 4  
5-8            Fwd rock L, Recover on R, Back Rock L, Recover on R

### TII. L Side Together Side Drag, Rocking Chair

1-4            Side step L, Together step R, Side step L, Drag along R on count 4  
5-8            Fwd rock R, Recover on L, Back Rock R, Recover on L

### TIII. Repeat Section TI.

### TIV. Fwd ½ Pivot R, ½ R Touch

1-2            Fwd step L, ½ Pivot R step on R ..... 6.00  
3-4            ½ R step back L, Touch R beside L ....12.00

## Main Dance

### Part A (28 Counts)

#### AI. Sway RLR & Drag, Cross ¼ L, Side Cross

1-4            Sway RLR & Drag along L on count 4  
5-6            Cross L over R, ¼ L Back step R ....9.00  
7-8            Side step L, Cross R over

#### AIL. Side Recover Cross Side, Back Rock Recover, Fwd ¼ R ¼ R Toe Steps

1-4            Side rock L, Recover on R, Cross L over R, Side step R  
5-6            Back rock L. Recover on R  
7-8            ¼ R Fwd L toe touch. ¼ R Step down on L .... 3.00

#### AIIL. ½ R ½ R Toe Steps, Back Rock Recover, On The Spot RL

1-2            ¼ R Fwd R toe touch, ¼ R Step down on R ....9.00  
3-4            ¼ R Fwd L toe touch, ¼ R Step down on L ....3.00  
5-6            Back rock R, Recover on L  
7-8            Together step R, Together step L

#### AIV. ¼ R ¼ R Paddle Turn

1-2            Fwd step R, ¼ R, Fwd step R ....12.00  
3-4            Fwd step R, ¼ R, Fwd step R ....9.00

### Part B (32 Counts)

#### BI. Side Together Fwd Drag, Side Together Back Drag

1-4            Side step R, Together step L, Fwd step R, Drag along L (4)... 6.00  
5-8            Side step L, Together step R, Back step L, Drag along R (8)

#### BII. Side Rock Cross Hold, ¼ R ½ R Fwd Touch

1-4            Side rock R, Recover on L, Cross R over L & Hold (4)

5-6            ¼ R Back step L, ½ R Fwd step R ....3.00  
7-8            Fwd step L, Touch R beside L

**BIII. Repeat Section BI.**

**BIV. (Fwd Side Point)\*2, (Back Side Point)\*2**

1-4            Fwd step R, Side point L, Fwd step R, Side point L  
5-8            Back step L, Side point R, Back step L, Side point R

**Happy Dancing!**

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