

Life After You

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Intermediate waltz
編舞者: Mark Simpkin (AUS) - October 2015
音樂: Life After You - Daughtry : (Album: Leave This Town)



[1-12] □ □ Cross, Side, Behind, Side Drag ¼ R, Fwd L, Pivot ½ R Hook, Fwd, ½, ¼,

1-2-3 Cross L over R, Step R to R side, Step L behind R
4-5-6 Large Step R to R side, Drag L in making ¼ turn R (3.00)
1-2-3 Large Step fwd on L, Making ½ turn R (wgt on L), Hook R up (9.00)
4-5-6 Step fwd R, Making ½ turn R step back L, Making ¼ turn R step R to R side (6.00)

[13-24] □ □ Cross, Hold, Side, Behind, Hold, Side, Cross, Slow Unwind ½ R □

1-2-3 Cross L over R, Hold, Step R to R side
4-5-6 Cross L behind R, Hold, Step R to R side
1-2-3 Cross L over R, Unwind ½ (wgt stays on L) (12.00)
4-5-6 Making a full turn and traveling R. Stepping R, L, R

[25-36] □ □ Cross, Hold, Side, Behind, Hold, Side, Cross, Slow Unwind ½ R □

1-2-3 Cross L over R, Hold, Step R to R side
4-5-6 Cross L behind R, Hold, Step R to R side
1-2-3 Cross L over R, Unwind ½ (wgt stays on L) (6.00)
4-5-6 Making a full turn and traveling R. Stepping R, L, R

[37-48] Cross, Side, Cross, Side Drag ¼ R Hook, Step Fwd ½ Hitch, Back, ½, Fwd

1-2-3 Traveling to R, Cross L over R, Step R to R side, Cross L over R (6.00)
4-5-6 Large step R to R side, Drag L tog making ¼ turn L lifting L up (3.00)
1-2-3 Step fwd L, Making ½ turn L on L hitch up R (9.00)
4-5-6 Step back R, Making ½ turn L step fwd L, Step fwd R (3.00)

[49-60] Fwd, Sweep ¼ L, Cross, ¼, ½, Step Fwd, ½ Hook, Fwd, ¼, Cross

1-2-3 Step Fwd L, Making ¼ turn L sweep R around in front, (12.00)
4-5-6 Cross R over L, Making ¼ turn R step back L, Making ½ turn R step fwd R (9.00) ##
1-2-3 Step fwd L, Making ½ turn R on L hook up R (3.00)
4-5-6 Step fwd R, Making ¼ turn R step L to L side, Cross R over L (6.00)

[61-72] Side, Hinge ¾ sweep R, Step, Step ¼ Pivot, L Cross Twinkle, R Cross Twinkle

1-2-3 Step L to L side, Making ¾ turn R (float) sweep R, Step fwd R (3.00)
4-5-6 Step fwd L, Pivot ¼ turn on R (2 counts) (6.00)
1-2-3 Cross L over R, Step/ Rock R to R side, replace wgt on L
4-5-6 Cross R over L, Step/Rock L to L side, replace wgt on R

*12 count Tag at the end of wall 2 facing front

1-2-3-4-5-6 L Sailor, R sailor,
1-2-3-4-5-6 Cross L behind R, ¼ turn R, Step fwd L, Pivot ½ R on R, Making ¼ turn R sweep L around 2 counts

Restart on wall 4 ## Cross ¼, ½, becomes, Cross ¼, ¼ Facing (12.00)

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