

It's All About You

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tim Gauci (AUS) - August 2015
音樂: All About You - The Overtones : (Album: Saturday Night at the Movies)



No intro, straight into the dance – there is a 'ding', you need to be stepping back to Start the dance on the 'ding'!

[1-8] □ BACK/SWEEP, BACK/SWEEP, BEHIND, SIDE, CROSS, SIDE, BACK, ROCK, TOG, STEP, PIVOT ½, STEP, PADDLE ¼ □

123&4& Step L back sweeping R from front to back, step R back sweeping L from front to back, step L behind R, step R to R (&), cross L over R, step R to R (&) □ 12.00

56&7&8& Step L back, rock weight fwd onto R, step L fwd (&), step R fwd, pivot ½ L (&), step R fwd, paddle ¼ L (&) □ 3.00

[9-16] □ CROSS, ROCK, SIDE, CROSS, ROCK, SIDE, STEP, STEP, PIVOT ½, STEP, ½, ½ □

12&34& Cross R over L, rock weight onto L, step R to R (&)*, cross L over R, rock weight onto R, step L to L (&) □ 3.00

56&78& Step R fwd, step L fwd, pivot ½ turn R (&), step L fwd**, making ½ turn L step R back, making ½ turn L step L fwd (&) □ 9.00

[17-24] □ ¼ STEP/Drag, BACK, ROCK, SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK, TOG, ¼, ½, ¼, CROSS □

12&3&4& Making ¼ turn L step R to R dragging L tog, step L back, rock weight fwd onto R (&), step L to L, step R behind L (&), step L to L, cross L over R (&) □ 6.00

56&7&8& Step L to L, rock weight onto R, step L tog (&), making ¼ turn R step R fwd, making ½ turn R step L back (&), make ¼ turn R step R to R, cross L over R (&) □ 6.00

[25-32] □ SIDE, ROCK, CROSS, SIDE, ¼ ROCK, STEP, FWD, ROCK, BACK, CROSS, BACK, TOUCH, UNWIND ½, TOUCH □

12&34& Step R to R, rock weight onto L, cross R over L (&), step L to L, making ¼ turn R rock weight onto R, step L fwd (&) □ 9.00

56&7&8& Step R fwd, rock weight onto L, step R back (&), cross L over R back, step R back, touch L toe back, unwind ½ L (&) – weight on R □ 3.00

[32] Beats □ Repeat dance in new direction □

Restart on wall 2 – dance up to beat 20&* and add the following 2 – cross, L over R, rock weight back (&) onto, step L to L, rock weight onto R and Restart dance facing 6.00 wall

Restart on wall 5 – dance up to beat 20&* and add the following 2 – cross, L over R, rock weight back (&) onto, step L to L, rock weight onto R and Restart dance facing 3.00 wall

Restart on wall 8 – dance up to beat 15** and add the following – step R fwd, touch L tog and Restart dance facing 6.00 wall

Enjoy