Lick My Lips



編舞者: Lynn Card (USA) - September 2015

音樂: Lick My Lips - Katharine McPhee: (Album: Hysteria)



Intro: 16 counts - (No Tags, No Restarts)

SECTION 1: ROCK SIDE, RECOVER, BALL STEP, ROCK SIDE, RECOVER, TOUCH, COASTER STEP, WALK

1,2 Rock R to right, Recover L

&3,4 Replace R next to L(ball step), Rock L to left, Recover R to right

5,6& Turn body 1/8 to right touching L forward to right diagonal (1:30), Step L back, Step R back

next to L

(Still facing 1:30 diagonal)

7,8 Step L forward to diagonal, Walk R forward to diagonal

SECTION 2: 1/2 TURN PIVOT, BALL STEP, CROSS, SIDE, BEHIND, HEEL JACK, TOGETHER

1,2 Step L forward to diagonal (1:30), Pivot ½ turn recovering weight forward on R (7:30) &3,4 Ball step L next to R, Step R forward to diagonal (7:30), Cross L over right squaring up to 6:00

5,6 Step R to right, Cross L behind R

&7&8 Step R to right, Touch L heel forward to left diagonal, Replace L at center, Step R next to L

(weight on R)

SECTION 3: SIDE, HOLD, BALL STEP, SIDE, TOGETHER, ROCK FORWARD, RECOVER, BALL STEP, WALK

1,2 Step L to left, Hold

&3,4 Ball step R next to L, Step L to left, Step R next to L

5,6 Rock L forward, Recover back on R

&7,8 Ball step L next to R, Step(walk) R forward, Walk L forward

SECTION 4: BUMP R HIP x2, 1/4 TURN, BUMP L HIP x2, WALK, WALK, OUT, OUT, IN, IN

1,2 Step R to right bumping R hip as you step, Bump R hip a second time

3,4 Turn a ¼ turn to the left stepping L to left bumping L hip as you step, Bump L hip a second

time(3 o'clock)

5,6 Walk R forward, Walk L forward

&7&8 Step R to right, Step L to left, Replace R center, Replace L next to R (weight on L)

ENDING: The ending of the dance will end facing 3:00 on count 1 stepping R to right but as you step right look left to 12:00

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