

# Sugar

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Teri Rogers (USA) - October 2015  
音樂: Sugar - Maroon 5



## Start dancing on lyrics

### Step Kick Forward, Step touch back x 2

1-2      Step on R, Kick L forward  
3-4      Step back on L, Touch R Back  
5-6      Step on R, Kick L forward  
7-8      Step back on L, Step R next to L

### Twist heels, toes, heels, clap, Twist heels, toes, heels, clap

1-2      Twist heels right, toes right,  
3-4      Twist heels to center, clap  
5-6      Twist heels left, toes Left  
7-8      Twist heels to center, clap

### Rock side Recover Cross hold, Rock turn ¼ Right, Step Forward, Hold

1-2      Rock R to right side, recover L  
3-4      Cross R over L, hold  
5-6      Rock L to left side, turn 1/4 right and step forward on R  
7-8      Step L next to R, hold

### SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, HEEL-BALL CHANGE

1 & 2 &      Touch right side, step right together □ Touch left side, step left together  
3 & 4      Touch right side, clap, clap  
5 & 6 &      Touch right heel forward, step right together, Touch left heel forward, step left together  
7 & 8      Touch right heel forward, Step on ball of right, change weight to left

## Start Again - Happy Dancing

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