

Grave Yard Smash

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Low Intermediate
編舞者: Cindy Burnett (USA) - October 2015
音樂: Monster Mash - Bobby Boris Pickett



Dance 1-64 twice, then on third repetition Restart at beginning after step 32.

#16 count intro

R SLOW MAMBO ROCK, HOLD, L SLOW MAMBO ROCK, HOLD

1-4 Rock right to side, recover left, close right beside, hold
5-8 Rock left to side, recover right, close left beside, hold

ROCK, RECOVER, SHUFFLE FWD

9-10 Rock right back, recover left
11&12 Shuffle forward right, left, right

SHUFFLE FWD, STEP, TURN ¼ L

13&14 Shuffle forward left, right left
15-16 Touch right toe forward, bend right knee slightly and turn 1/4 left on right toe

R SLOW COASTER, HOLD, TURN ¼ LEFT, PIGEON TOE

17-20 Step right back, step left beside right, step right forward, hold
21-24 Turn ¼ left, slide right foot in beside left, fan heels to side and back to center

R VINE, L HEEL TOUCH, L VINE, R HEEL TOUCH

25-28 Step right to side, cross/step left behind, step right to side, touch left heel diagonal forward
29-32 Step left to side, cross/step right behind, step left to side, touch right heel diagonal forward

R STOMP, STOMP, TWIST R HEEL, L STOMP, STOMP, TWIST L HEEL

33-36 Stomp right forward twice, twist right heel out to side and back to center
37-40 Stomp left forward twice, twist left heel out to side and back to center

R STOMP, STOMP, TWIST HEELS, L STOMP, STOMP, TWIST HEELS

41-44 Stomp right forward twice, twist both heels out and back to center
45-48 Stomp left forward twice, twist both heels out and back to center R ZOMBY DRAG TWICE
49-52 Take a large step forward on right, hold, drag left up beside right for two count
53-56 Take a large step forward on right, hold, drag left up beside right for two count

ARC STEPS BACK: R, HOLD, L, HOLD, R, HOLD, L, HOLD

(Keep arcing toe on floor as you swing/drag it around behind the other foot)

57-60 Arc right foot out and swing/drag right toe around behind left foot, hold, arc left foot out and swing/drag left toe around behind right foot, hold 61-64 □ Lean back on left pointing right toe and twist body right, left, right, left
61-64 Arc right foot out and swing/drag right toe around to behind left foot, hold, arc left foot out and swing/drag left toe around behind right foot, hold

Repeat

This song has a Restart: begin on step 1 after step 32 of the third repetition only.