

Mardi Gras Mambo

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Beginner
編舞者: Cindy Burnett (USA) - October 2015
音樂: Mardi Gras Mambo - The Meters



R & L SLOW MAMBO

1-4 Rock right to side, recover to left, step right beside left, hold
5-8 Rock left to side, recover to right, step left beside right, hold

ROCK, REC, STEP FWD, HOLD, ROCK, REC, STEP BACK, HOLD

9-12 Rock right back, recover to left, step right forward, hold
13-16 Rock left forward, recover to right, step left back, hold

R ANKLE ROCK, L ANKLE ROCK W/ ½ TURN LEFT

17-20 Cross/rock right over left, recover to left, replace right beside left, hold
21-24 Cross/rock left over right, recover to right, step left ¼ left, step right ¼ left

VINE R & L

25-28 Step right to side, cross/step left behind right, step right to side, touch left beside right
29-32 Step left to side, cross/step right behind left, step left to side, touch right beside left

Repeat

Tag: after every second repetition: "facing front again"

1-4 Bump hips right, left, right, left

Repeat
