

# Feels Good

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Peter Jones (UK) & Anna Lockwood (UK) - October 2015  
音樂: It Feels Good - Drake White : (Single - iTunes)



Starts 24 counts in on vocals

## S1. Walk R, L, Side Rock, Cross, Back, Side, Cross Shuffle

1-2            Walk Forward R, L.  
&3-4          Rock R To R Side, Recover On L, Cross R Over L.  
5-6            Step Back On L, Step R To R Side.  
7&8          Cross L Over R, Step R To R Side, Cross L Over R.

## S2. Turn ¼, ¼, Recover, Sailor, Heel Switches, Together, Cross, Side.

1-2-3        Step ¼ L Stepping Back On R, Step ¼ L Stepping L To L Side, Recover Weight On R.  
4&5          Step L Behind R, Step R To R Side, Touch L Heel Forward.  
&6&         Step L Next To R, Touch R Heel Forward, Step R Next To L.  
7-8          Cross L Over R, Step R To R Side.

## S3. Together, Cross, Turn ¼, Shuffle ½ Turn, Forward L, Touch R, Hold, Back R, Touch L. Hold.

&1-2        Step L Next To R, Cross R Over L, Turn ¼ R Stepping Back On L.  
3&4        Turn ½ R Stepping Forward On R, Step L Next To R, Step Forward On R.  
&5-6        Jump Forward On L, Touch R Next To L, Hold (Clap).  
&7-8        Jump Back On R, Touch L Next To R, Hold (Clap).

## S4. Back & Touch x 4, Step, Heel & Toe x 2, Step.

&1&2        Step Back on L, Touch R Next To L, Step Back on R, Touch L Next To R.  
&3&4&       Step Back on L, Touch R Next To L, Step Back on R, Touch L Next To R, Step On L.  
5&6&        Touch R Heel Forward, Step R Next To L, Touch L Toe Next To R, Step L Next To R.  
7&8&        Touch R Heel Forward, Step R Next To L, Touch L Toe Next To R, Step L Next To R.

Restart Here On Wall 3 Facing 3:00

## S5. Step, Lock & Step, Lock, & Step ½ Turn, Shuffle forward.

1-2&        Step Forward on R, Step L Behind R, Step Forward On R.  
3-4&        Step Forward on L, Step R Behind L, Step Forward On L.  
5-6        Step Forward On R, Pivot ½ L On L.  
7&8        Step Forward On R, Step L Next To R, Step Forward On R.

## S6. Step, Lock & Step, Lock, & Step ½ Turn, Walk Forward L, R.

1-2&        Step Forward on L, Step R Behind L, Step Forward On L.  
3-4&        Step Forward on R, Step L Behind R, Step Forward On R.  
5-6        Step Forward On L, Pivot ½ R On R.  
7-8        Step Forward On L, Step Forward On R.

(Alternative For Counts 7-8, 2 x Step Full Turn R)

## S7. Forward Rock, Coaster Step, Forward Rock Sailor ¼ R.

1-2        Rock Forward On L, Recover Weight On R.  
3&4        Step Back On L, Step R Next To L, Step Forward On L.  
5-6        Rock Forward On R, Recover Weight On L.  
7&8        Turn ¼ R Stepping R Behind L, Step L To L Side, Step R To R Side.

(Alternative For Counts 3&4. Triple ¼ Turn L.)

(Alternative For Counts 7&8. Triple 1 ¼ Turn R)

**S8. Syncopated Forward Rocks, Shuffle Back, Coaster Step.**

- 1-2 Rock Forward On L, Recover On R.
- &3-4 Step L Next To R, Rock Forward On R, Recover On L.
- 5&6 Step Back On R, Step L Next To R, Step Back On R.
- 7&8 Step Back On L, Step R Next To L, Step Forward On L.

**TAG: 16 Count Tag Here At The End Of Wall 1 Facing 6:00**

**Walk R, L, Shuffle Forward, Rock, Shuffle ½ L.**

- 1-2-3&4 Walk Forward R, L, Step Forward On R, Step L Next To R, Step Forward On R.
- 5-6-7&8 Rock Forward On L, Recover Weight On R, Turn ½ L Stepping Forward On L, Step R Next To L, Step Forward On L.

**REPEAT THIS 8 COUNTS**

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