

Break A Heart (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Improver Partner
編舞者: Carole Gosselin (CAN) & Raymond Sanschagrin (CAN) - September 2015
音樂: You Could Break a Heart Like That - Joel Crouse



Position Sweetheart Facing L.O.D.□

Men & woman's steps are identical except when indicated□

Intro de 16 counts□

Sequence of the dance: 48-48-16-48-48-16-32+Tag-48-48-16□

[1-8] □ 1/4 Turn, Side, Behind, Side Cross, Rumba Box,

Do not let go of hands

1-2 ¼ turn right, RF forward- LF left

Indian position facing O.L.O.D., man behind the woman

3&4 Cross RF behind LF – LF left – Cross RF in front of LF

5&6 LF left – RF next to LF – LF forward

7&8 RF right – LF next to RF – RF Back

[9-16] □ Coaster 1/4 Turn, Shuffle Fwd, Skate, Skate, Shuffle Fwd,

Do not let go of hands

1&2 1/4 turn left with LF behind – RF next to LF- LF forward

Position Skaters, facing L.O.D., man on interior of circle

3&4 Shuffle RF, LF, RF forward

5-6 Skate LF forward, skate RF forward

7&8 Shuffle LF, RF, LF forward

Restart : After 16 counts

Final : □ After 16 counts

[17-24] □ (Step Pivot 1/4 Turn) X2, Rock Step, Shuffle Back,

Let go of right handyman passes under left arm

1-2 RF forward, Pivot 1/4 turn left

Take left hand at waist, facing I.L.O.D.

3-4 RF forward - Pivot 1/4 turn left

Position Hammerlock, facing R.L.O.D.

Right hand in mans back, left hand in front of woman

5-6 Rock RF forward – Return on LF

7&8 Shuffle back RF, LF, RF

[25-32] □ Shuffle 1/2 Turn, Shuffle Fwd, Walk, Walk, Shuffle Fwd,

Let go of right hand, pass left arm over woman's head

1&2 Shuffle LF, RF, LF, 1/2 turn left

Position Skaters, facing L.O.D., man on the interior of circle

3&4 Shuffle RF, LF, RF forward

5-6 LF forward – RF forward

7&8 Shuffle forward LF, RF, LF

Tag : □ At this point after 32 counts

[33-40] □ H: Skate, Skate, Shuffle Fwd, Walk, Walk, Triple 1/4 Turn,

[33-40] □ □ F: Skate, Skate, Shuffle Fwd, 1/4 Turn, 1/4 Turn, Triple 1/4 Turn,

1-2 Skate RF forward, Skate LF forward

3&4 Shuffle forward RF, LF, RF

Do not let go of hands, pass left arm over woman's head

5-6 M: LF forward – RF forward

5-6 W: ¼ turn right LF forward- RF behind
Arch position, man facing L.O.D. woman facing R.L.O.D.
Left arm on top & right arm at the bottom
7&8 Triple Step LF, RF, LF, 1/4 turn right
Man facing O.L.O.D. woman facing I.L.O.D.

[41-48] □H: 1/4 Turn, Back, Triple Step, Side, Together, ShuffleFwd
[41-48] □F: 1/4 Turn Step, Triple Step, 1/2 Turn, 1/2 Turn, ShuffleFwd,
Do not let go of hands
Man passes in front of the woman under the left arm & under the right arm
Leave the arms up

1-2 M: 1/4 turn left, RF forward – LF behind L.O.D.
1-2 W: 1/4 turn right, RF forward, LF behind
Position Double Cross Hand Hold, Right arm on top, facing L.O.D.
Man on the exterior of circle

3&4 Triple Step RF, LF, RF
Do not let go of hands, the woman passes under Right arm
5-6 M: LF to left side _ RF forward
5-6 W: 1/2 turns right, LF back - 1/2 turn right, RF forward
Position Sweetheart, facing L.O.D.
7&8 Shuffle LF, RF.LF forward

Restarts :-
After the 3rd routine of the dance
After the 6th routine of the dance
Do 16 counts and restart from beginning

Tag :□After the 7th routine of the dance
Do 32 counts and do the following tag:
[1-8]□(Step, Touch, Coaster Step,) X2
1-2 RF forward- Point LF next to RF
3&4 LF Back- RF next to LF- LF forward
5-6 RF forward- Point LF next to RF
7&8 LF back- RF next to LF, LF forward
Restart the dance from the beginning

Final □Do 16 counts and do the following steps:
[17-20]□Walk, Walk, ShuffleFwd.
1-2 RF forward- LF forward
3&4 Shuffle RF, LF, RF, forward

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