

Careful What You Wish For

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Yvonne Anderson (SCO) - September 2015
音樂: CAREFUL WHAT YOU WISH FOR - Ricky Lynn Gregg : (iTunes also Amazon)



Notes: Start on vocal, restarts wall 4 and wall 10 (they are really obvious restartsso don't worry too much about them).

To finish facing forward...music starts to draw to an end during last section of wall 12 (you will be facing 9 o'clock)...you have 4 counts left.... simply cross rock as usual (as though beginning dance) then shuffle 1/4 right to home wall and step forward on L – Tah Dah!

[1-8] □ CROSS ROCK. RECOVER, SIDE-TOGETHER-FORWARD, LEFT SHUFFLE, STEP, SWEEP 1/2 TURN RIGHT

1-2 Rock R across left, Recover [12]
3&4 Step R to right, (&) Step L beside right, Step R forward [12]
5&6 Shuffle forward stepping L,R,L [12]
7-8 Step R forward, Sweep L foot out and around to make 1/2 turn right weight remains on R [6]

[9-16] □ STEP, LOCK, STEP-LOCK-STEP, ROCK, RECOVER, ROCK 1/4 TURN RIGHT, RECOVER

1-2 Step L forward, Lock R behind left [6]
3&4 Step L forward (&) Lock R behind left, Step L forward [6]
Restart wall 10, dance through to count 12 (lock step forward) now facing 3 o'clock, Restart
5-6 Rock R forward, Recover weight on L preparing to turn [6]
7-8 Make 1/4 turn right and rock R to right, Recover weight on L [9]

[17-24] □ BEHIND-SIDE-FORWARD, SHUFFLE, STEP, TOUCH, BACK-LOCK-BACK

1&2 Step R behind left, (&) Step L to left, Step R forward [9]
3&4 Shuffle forward stepping L,R,L [9]
Restart wall 4, dance through to count 20 (shuffle forward) now facing 6 o'clock, Restart
5-6 Step R forward, Touch L toes behind right heel [9]
7&8 Step L back, (&) Lock R across left, Step L back [9]

[25-32] BACK-LOCK-BACK, ROCK BACK RECOVER, SHUFFLE 1/2, ROCK BACK RECOVER

1&2 Step R back, (&) Lock L across right, Step R back [9]
3-4 Rock L back, Recover weight on R preparing to turn [9]
5&6 Make 1/2 Turn right stepping L,R,L [3]
7-8 Rock R back, Recover weight on L [3]

Repeat