

Open My Eyes

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 2 級數: High Improver
編舞者: Tina Argyle (UK) - September 2015
音樂: Good Morning Beautiful - Nathan Carter : (Album: Beautiful Life - Single - iTunes)



Count In : 18 counts from start of track - count 2 sets of 8 then count in 7,8 using the odd 2 counts (15 seconds into the track)

Diagonal Step Fwd. Step ½ Pivot Turn Step. Full Turn Fwd, Switching Forward Rock Steps, Run Back RLR with Sweep

- 1 Step forward right to right diagonal
- 2&3 Step forward left, make ½ pivot turn right onto right to face opposite corner, step forward left
- 4& Make ½ turn left stepping back, Make ½ turn left stepping fwd left (or 2 walks forward)
- 5 Rock forward onto right (still facing the corner)
- 6&7 Recover weight onto left, step right at side of left, rock forward onto left
- 8&1 Run back right, left, right (first run back is the recover from the rock step) sweep left leg anti-clockwise with last run back

Sailor Step 1/8 Turn Basic, Sailor Step Basic, Sailor ½ Turn, Half Circle Turn

- 2&3 Cross left behind right, step right in place, make 1/8 turn right taking a large side step left sweeping right leg clock-wise (9 o'clock)
- 4&5 Cross right behind left, rock left to left side, take long basic step right to right side sweeping left leg anti-clockwise
- 6&7 Cross left behind right making ¼ turn left, step right at side of left, make ¼ turn left stepping fwd left (3 o'clock)
- &8 Make ¼ turn left stepping right at side of left, make ¼ turn left stepping fwd left (9 o'clock)
- & Step right at side of left

Basic with Cross Rock, Recover ¼ Turn. 1/2 Pivot Turn, ½ Turn Sweep, Walks Back With Sweeps, Behind, Side, Cross With Sweep

- 1 Take long basic step left to left side
- 2&3 Cross rock right over left, recover, make ¼ turn right stepping forward right (12 o'clock)
- 4& Step forward left, make ½ pivot turn onto right (6 o'clock) (or mambo fwd left recover keep facing 12 o'clock)
- 5 Make ½ turn right stepping back left (step back left for mambo option) sweeping right leg clockwise (12 o'clock)
- 6 - 7 Step back right sweeping left leg anti-clockwise. Step back left sweeping right leg clockwise
- 8&1 Cross right behind left, step left to left side, cross right over left sweeping left leg clockwise

Cross, Side , Behind with Sweep, Behind side, Right Cross Rock, Switch Left Cross Rock, Recover 1/2 Turn Step Fwd

- 2&3 Cross left over right, step right to right side, cross left behind right leg sweeping clockwise
- 4& Cross right behind left, step left to left side
- 5 - 6 Cross rock right over left, Recover weight onto left - (body angled to left diagonal for rock step)
- &7 Step right to right side squaring up to 12 o'clock, cross rock left (body angled to right hand corner),
- 8& Recover weight back onto right still facing corner, make ½ turn left stepping fwd to left to face opposite top right corner facing 6 o'clock

Tag : End of Wall 4 facing right diagonal of 12 o'clock add 2 walks forward Right then Left still facing the corner.

Re-start the dance from the beginning.

Thanks to Louise G for encouraging me to pick this dance back up again and finish it x
