

Locked Away

拍數: 32 牆數: 4 級數: Improver
編舞者: Arjan Wesselius (DK) - September 2015
音樂: Locked Away (feat. Adam Levine) - R. City



[1-8] □ Shuffle R, Sailor step 1/4 L, Step Turn, Shuffle R.

- 1&2 Step Right foot forward, step left next to Right, step Right foot forward. (12.00)
3&4 Step Left foot behind Right turning ¼ Left, Step Right foot to Right side, Step Left foot to Left side ending weight on Left. (09.00)
5-6 Step Right foot forward, turn ½ left ending weight on Left foot. (03.00)
7&8 Step Right foot forward, step Left next to Right, step Right foot forward. (03.00)

[9-16] □ Rock & Recover, Sailor Step, Sailor step 1/4 R, Shuffle L.

- 1-2 Rock Right foot forward, Recover to left foot. (03.00)
3&4 Step left foot behind right, Step right foot to right side, Step left foot to left side. (03.00)
5&6 Step right foot behind left turning ¼ to right, Step left foot to left side, Step right foot to right side. (06.00)
7&8 Step left foot forward, Step right next to left, Step left foot forward. (06.00)

[17-24] □ Rock & Recover, Coaster ¼, Rock & Recover, Coaster ¼.

- 1-2 Step Right foot forward, Recover to Left. (06.00)
3&4 Step Right foot back turning ¼ right, Step Left foot next to Right, Step Right foot forward. (09.00)
5-6 Step Left foot forward, Recover to Right. (09.00)
7&8 Step Left foot back turning ¼ left, Step Right next to Left, Step Left foot forward. (06.00)

[25-32] □ Step Turn, Kick Ball Step, Step, Hold, Sailor step ¼ L.

- 1-2 Step Right foot forward, Turn ½ left ending weight on Left foot. (12.00)
3&4 Kick Right foot forward, Step Right next to Left, Step forward on Left foot. (12.00)
5-6 Step forward on Right foot, Hold. (12.00)
7&8 Step left foot behind Right turning ¼ left, Step Right foot to right side, Step Left foot diagonally forward. (09.00)

Tag: after third wall: Step turn, Step turn (4 counts)

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