

Pat's Octoberfest Polka

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數: Beginner - CONTRA Polka
編舞者: Pat Newell (USA) - September 2015
音樂: Any 32 count polka music



Teach to: Before They Take Me Away - Jimmy Sturr & his Orchestra

TOE TAPS AND TRIPLES

1-2, 3&4 Two Right Toe Taps Fwd and triple in place
5-6, 7&8 Two Left Toe Taps Fwd and Triple in place

VINE R TO A TRIPLE at ¼ Right AND ROCK REC TO A TRIPLE ¼ L

1-2, 3&4 Step R to R, L behind R and triple RLR to ¼ R (3:00)
4-6, 7&8 Fwd on L, rock rec on R, turning ¼ L and triple L R L (12:00)

FOUR TRIPLES CROSSING THE OPPOSING LINE

1&2, 3&4 Triple R, L, R Triple L, R L (dropping R shoulder then L shoulder turning body at an angle R and L)
5&6 7&8 Triple R, L, R, Triple L, RL Straighten on 7&8

HALF PIVOT LEFT STEP CURTSY, STEP BACK, BACK AND COASTER STEP

1-2-3-4 Step fwd on R, pivot ½ L, step forward on R, curtsy L behind R
5-6-7&8 Step back on L, R, step back on L, step together on R and fwd on L

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