

Sunday Morning

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Katrin Gäbler (DE) - September 2015
音樂: Saturday Night Gave Me Sunday Morning - Bon Jovi : (Album: Burning Bridges)



Intro : When He Is Singing " I Was Living..." Start On '...Living'

[1-8] Step, Step, Shuffle, Rock Step, Recover, Shuffle ½ Turn Left

1-2 Step Fwd On Right + Left
3&4 Shuffle Fwd Stepping R,L,R
5-6 Rock Right Fwd, Recover Weight On Left
7&8 Shuffle ½ Turn Left Stepping L,RI, (6.00)*** Restart Here During Wall 3*** (12.00)

[9-16] Shuffle ½ Left, ¼ Left Chassé, Kick Ball Cross X2

1&2 Shuffle ½ Turn Left Stepping R,L,R
3&4 Step Left ¼ Left Aside, Close Right Next To Left, Step Left To Left (9.00) ***Restart Here
 During Wall 6*** (3.00)
5&6 Kick Right Fwd, Step Right Down On Ball, Step Left Across Right
7&8 Repeat Counts 5&6

[17-24] Side Rock, Behind- Side- Cross, Heel Switches & Rock Step, Recover

1-2 Rock Right To Right, Recover Weight On Left
3&4 Cross Right Behind Left, Step Left To Left, Step Right Across Left
5&6 Dig Left Heel Fwd, Step Left Next Right, Dig Right Heel Fwd
&7-8 Step Right Next Left, Rock Left Fwd, Recover Weight On Right

[25-32] &Heel Switches & Rock Step, Recover, ¼ Turn Right Chassé, Cross, Flick

&1&2 Step Left Next Right, Dig Right Heel Fwd, Step Right Next Left, Dig Left Heel Fwd
&3-4 Step Left Next Right, Rock Right Fwd, Recover Weight On Left
5&6 Step Right ¼ Right Aside, Close Left Next To Right, Step Right To Right (12.00)
7-8 Step Left Across Right, Flick Right Back Out ***Restart Here During Wall 4*** (12.00)

[33-40] Heel Grind Right, Sailor ¼ Turn Right, Heel Grind ¼ Left, Back, Coaster Step

1-2 Step Right On Heel Across Left, Toes Turned Left, Turn Toes Right And Step Left To Left
3&4 Cross Right Behind Left, Step Left ¼ Left Aside, Step Right To Right
5-6 Step Left On Heel Across Right, Toes Turned Right, Turn Toes ¼ Left, Step Right Back
 (12.00)
7&8 Step Left Back, Close Right Next To Left, Step Left Fwd

[41-48] Dorothy Steps Right & Left, Step, ½ Turn Left, ¼ Left Chassé Right

1-2& Step Right Diagonal Right Fwd, Cross Left Behind Right, (&) Step Right Diagonal Right Fwd
3-4& Step Left Diagonal Left Fwd, Cross Right Behind Left, (&) Step Left Diagonal Left Fwd
5-6 Step Right Fwd, ½ Turn Left On Both Balls Of Feet (Weight Ends On Left)
7&8 Step Right ¼ Left Aside, Step Left Next To Right, Step Right To Right (3.00)

[49-56] Back Rock, Recover, Kick Ball Point X2, Rock Step, Recover

1-2 Rock Left Back, Recover Weight On Right
3&4 Kick Left Fwd, Step Left Down, Point Right To Right
5&6 Kick Right Fwd, Step Right Down, Point Left To Left
7-8 Rock Left Fwd, Recover Weight On Right

[57-64] Shuffle Back X2, Back Rock, Recover, Step, ½ Turn Right, Step

1&2 Shuffle Back Stepping L,R,L

3&4 Shuffle Back Stepping R,L,R
5-6 Rock Left Back, Recover Weight On Right
7&8 Step Left Fwd, ½ Turn Right On Both Balls Of Feet, Step Left Fwd (9.00)

Note: The Restarts Are During Wall 3,4 And 6 As You Can See On The Sheet
