

Mil yang Arirang

拍數: 64 牆數: 2 級數: Improver
編舞者: Hyun-Sook Park (KOR) & Jung-Soon Ma (KOR) - October 2015
音樂: Mil Yang Arirang - Cross Pendant (크로스펜던트) : (Album: Wake up Corea)



* Count In : Dance begins on 32 Counts

Sec 1[1-8] R Side, Cross Touch, L Side, Cross Touch, R Side, Behind Touch, L Side, Behind Touch

1-2 Step R to right side, cross touch L over right (Snap to hands down)
3-4 Step L to left side, cross touch R over left (Snap to hands down)
5-6 Step R to right side, Touch L toe behind right (Snap to hands down)
7-8 Step L to left side, Touch R toe behind left (Snap to hands down)

Sec 2[9-16] R Weave, R Side, Cross Touch, Side Touch, Behind Flick

1-2 Step R to right side, cross L behind right
3-4 Step R to right side, cross L over right
5-6 Step R to right side, cross touch L over right
7-8 Touch L to left side, flick L behind right

Sec 3[17-24] L Side, Cross Touch, R Side, Cross Touch, L Side, Behind Touch, R Side, Behind Touch

1-2 Step L to left side, cross touch R over left (Snap to hands down)
3-4 Step R to right side, cross touch L over right (Snap to hands down)
5-6 Step L to left side, Touch R toe behind left (Snap to hands down)
7-8 Step R to right side, Touch L toe behind right (Snap to hands down)

Sec 4[25-32] L Weave, L Side, Cross Touch, Side Touch, Behind Flick

1-2 Step L to left side, cross L behind left
3-4 Step L to left side, cross R over left
5-6 Step L to left side, cross touch R over left
7-8 Touch R to right side, flick R behind left

Sec 5[33-40] R Side, L Hitch(R Hop), L Side, R Hitch(L Hop), Rolling Vine R, Touch

1-2 Step R to right side, L Hitch with R Hop
3-4 Step L to left side, R Hitch with L Hop
5-6 Turn 1/4 right step forward R, Turn 1/2 right step back on L
7-8 Turn 1/4 right step R to right side, Touch L next to right

Sec 6[41-48] L Side, R Hitch(L Hop), R Side, L Hitch(R Hop), Rolling Vine L, Touch

1-2 Step L to left side, R Hitch with L Hop
3-4 Step R to right side, L Hitch with R Hop
5-6 Turn 1/4 left step forward L, Turn 1/2 left step back on R
7-8 Turn 1/4 left step L to left side, Touch R next to left

Sec 7[49-56] R Diagonal Lockstep, Scuff, L Diagonal Lockstep, Scuff

1-2 Step forward R to right forward diagonal, Lock L behind R
3-4 Step forward R to right forward diagonal, Scuff L
5-6 Step forward L to left forward diagonal, Lock R behind L
7-8 Step forward L to left forward diagonal, Scuff R

Sec 8[57-64] R Slow Jazz Box 1/2 Turn R

1-2 Cross R over L, Hold
3-4 Turn 1/4 right step back on L, Hold

5-6 Turn 1/4 right step forward R, Hold
7-8 Step forward L, Hold

***TAG Before wall 1, After wall 1 and wall 5, add 32 count tag**

Tag Sec 1[1-8] Forward Walk, Hold 4(Arms Sway)

1-2 Step forward R, Hold (Both arms above the head to the right sway)
3-4 Step forward L, Hold (Both arms above the head to the left sway)
5-6 Step forward R, Hold (Both arms above the head to the right sway)
7-8 Step forward L, Hold (Both arms above the head to the left sway)

Tag Sec 2[9-16] R Slow Jazz Box 1/2 Turn R(Arms Sway)

1-2 Cross R over L, Hold (Both arms above the head to the right sway)
3-4 Turn 1/4 right step back on L, Hold (Both arms above the head to the left sway)
5-6 Turn 1/4 right step forward R, Hold (Both arms above the head to the right sway)
7-8 Step forward L, Hold (Both arms above the head to the left sway)

Tag Sec 3-4 [17-32] Tag Sec [1-16] repeat

***Note : After 5wall, when to doing ending tag, Second jazz box in direction 12.00 without the half-turn**

***Ending After last tag, Lift up your arms slowly towards the sky from the front**

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