## Loud and Clear

拍數： 64
靕數： 1
編舞者：Teng Teng（MY）－September 2015
音樂：Loud and Clear－Olly Murs
級數：Intermediate


Sequence：A，B，Tag 1，A，B，Tag 1，B（3．00），Tag 2
Part A（16 Counts）
A［1－8］$\square \square S I D E$ MAMBO（R\＆L），FRONT MAMBO（R\＆L）$\square$
1\＆2 Step $R$ to $R$ side，recover on $L$ ，step $R$ beside $L$
3\＆4 Step $L$ to $L$ side，recover on $R$ ，step $L$ beside $R$
5\＆6 Step $R$ forward，recover on $L$ ，step $R$ beside $L$
7\＆8 Step $L$ forward，recover on $R$ ，step $L$ beside $R$

A［9－16］$\square \square$ SIDE MAMBO（R\＆L），FRONT MAMBO（R\＆L）
Repeat counts［1－8］facing 3．00．

## Part B（48 Counts）$\square$

B［1－8\＆］$\square B A S I C$ NIGHTCLUB（R\＆L），R FORWARD DIAGONAL，L FORWARD，½ TURN L，STEP R BACK， STEP L BACK，RECOVER，½ TURN R STEP L BACK
$1-2 \& \quad$ Step $R$ to $R$ side，step $L$ behind $R$ ，recover on $R$
$3-4 \& \quad$ Step $L$ to $L$ side，step $R$ behind $L$ ，recover on $L$
$5-6 \& \quad$ Step $R$ forward to $R$ diagonal（4．30），step $L$ forward， $1 / 2$ turn $L$ step $R$ back（10．30）
7 －8\＆Step L back，recover on R，½ turn R step L back（4．30）
B［9－16］$\square 1 / 8$ TURN STEP R TO SIDE，STEP L BEHIND，STEP R TO SIDE，CROSS ROCK L，RECOVER， CROSS ROCK R，RECOVER， $1 / 4$ TURN R STEP R FORWARD，STEP L，PIVOT $1 ⁄ 2$ TURN R，STEP L FORWARD，½ TURN L PLACE R BESIDE L

| $1-2 \&$ | $1 / 8$ turn $R$ step $R$ to $R$ side（6．00），step $L$ behind $R$ ，step $R$ to $R$ side |
| :--- | :--- |
| $3 \& 4 \& 5 \&$ | Cross $L$ over $R$ ，recover on $R$, step $L$ to $L$ side，cross $R$ over $L$ ，recover on $L, 1 / 4$ turn $R$ step $R$ <br> forward |
| $6 \&$ | Step $L$ forward pivot $1 / 2$ turn $R$ |
| $7-8$ | Step $L$ forward， $1 / 2$ turn $L$ place $R$ beside $L$ ，bending both knees（9．00） |

B［17－24］$\square \square B A S I C ~ N I G H T C L U B ~ L, ~ 1 / 4 ~ T U R N ~ R ~ W I T H ~ S W E E P, ~ C R O S S, ~ R E C O V E R, ~ ¼ ~ T U R N ~ L, ~ S T E P ~ R ~$ BEHIND， $1 ⁄ 4$ TURN L STEP L FORWARD，STEP R PIVOT $1 ⁄ 2$ TURN L，STEP R FORWARD， $1 / 2$ TURN R STEP BACK L
$1-2 \& \quad$ Step $L$ to $L$ side，step $R$ behind $L$ ，recover on $L$
$3 \quad 1 / 4$ Turn $R$ step $R$ forward，sweeping $L$ back to front
4\＆5 Cross $L$ over $R$ ，step back on $R, 1 / 4$ turn $L$ step $L$ to $L$ side
6\＆Step $R$ behind $L, 1 / 4$ turn $L$ step $L$ forward
7\＆Step R forward，pivot $1 / 2$ turn $L$
8\＆$\quad$ Step $R$ forward， $1 / 2$ turn $R$ step back $L$
B［25－32］$\square \square B A S I C$ NIGHTCLUB（R\＆L），STEP R TO R DIAGONAL，STEP L，R，RECOVER
$1 \quad 1 / 4$ Turn $R$ step $R$ to $R$ side（9．00）
2\＆
$3-4 \& \quad$ Step $L$ to $L$ side，step $R$ behind $L$ ，recover on $L$
5－8 Step $R$ forward to $R$ diagonal，$L, R$ ，recover on $L$

B［33－40］$\square \square S T E P ~ R ~ B A C K, ~ S W E E P, ~ L ~ B A C K, ~ S W E E P, ~ R ~ B A C K, ~ S W E E P, ~ S T E P ~ L ~ B E H I N D ~ R, ~ S T E P ~ R ~ T O ~$ R SIDE，STEP L TO R DIAGONAL，STEP R BACK，SWEEP，L BACK，SWEEP，SAILOR
1－3 Step $R$ back sweeping $L$ from front to back，step $L$ back sweeping $R$ from front to back，step $R$ back sweeping $L$ from front to back

B[41-48] $\square$ BASIC NIGHTCLUB (R\&L), $1 / 4$ TURN R STEP R FORWARD, STEP L, PIVOT $1 ⁄ 2$ TURN R, STEP L FORWARD, ½ TURN L, STEP R BESIDE L, STEP L BACK
$1-2 \& \quad 1 / 8$ Turn $L$ step $R$ to $R$ side (12.00), step $L$ behind $R$, recover on $R$
3-4\& Step $L$ to $L$ side, step $R$ behind $L$, recover on $L$
5\&6\& $\quad 1 / 4$ Turn $R$ step $R$ forward, step $L$ forward and pivot $1 / 2$ turn $R$, step $L$ forward
7 - $8 \quad 1 / 2$ Turn $L$ step $R$ beside $L$, step $L$ back
TAG 1 (16 COUNTS)
[1-8] $\square \square B A S I C$ NIGHTCLUB (R, L, R), TOUCH R BESIDE L
$1-2 \& \quad$ Step $R$ to $R$ side, step $L$ behind $R$, recover on $R$
3-4\& Step $L$ to $L$ side, step $R$ behind $L$, recover on $L$
$5-6 \& \quad$ Step $R$ to $R$ side, step $L$ behind $R$, recover on $R$
7-8 Step $L$ to $L$ side, touch $R$ beside $L$ (bend both knees)
[9-16] $\square \square B A S I C$ NIGHTCLUB (R, L, R), ¼ TURN L TOUCH R BESIDE L
$1-2 \& \quad$ Step $R$ to $R$ side, step $L$ behind $R$, recover on $R$
3-4\& Step $L$ to $L$ side, step $R$ behind $L$, recover on $L$
$5-6 \& \quad$ Step $R$ to $R$ side, step $L$ behind $R$, recover on $R$
7 - $8 \quad$ Step $L$ to $L$ side, $1 / 4$ turn $L$ touch $R$ beside $L$

* When dancing Tag 1 for the second time, do not make $1 / 4 L$ turn on count 8 . Touch $R$ beside $L$ and start $B$ facing 3.00.

TAG 2 (48 COUNTS)
[1-8] $\square \square B A S I C$ NIGHTCLUB (R, L, R), TOUCH R BESIDE L
$1-2 \& \quad$ Step $R$ to $R$ side, step $L$ behind $R$, recover on $R$
3-4\& Step $L$ to $L$ side, step $R$ behind $L$, recover on $L$
5-6\& Step $R$ to $R$ side, step $L$ behind $R$, recover on $R$
7-8 Step $L$ to $L$ side, touch $R$ beside $L$ (bend both knees)
[9-48] $\square \square$ Turn $1 / 4$ Left and repeat (5x). End up facing 12.00
Contact: kimguat@gmail.com

