Give Your Life



拍數: 32 牆數: 4 級數: Improver

編舞者: Ayu Permana (INA) - October 2015 音樂: Dame Tu Vida Mi Amor - Frank Galan



Start after 20 count music intro□□□□□

SECTION 1. RUMBA BOX (12.00)

1–2–3–4 Step R to right side – Step L next to R – Step R forward – Hold 5–6–7–8 Step L to left side – Step R next to L – Step L backward – Hold

SECTION 2. BACK - RECOVER - ½ TURN - SWEEP & BACK - RECOVER - FORWARD - HOLD (06.00)

1–2–3–4 Step/rock R backward – Recover on L – Turn ½ left on L, step back on R (weight on R) (6) –

Hold

5–6–7–8 Sweep and step/rock L backward – Recover on R – Step L forward – Hold

SECTION 3. CROSS STEP - FLICK - GRAPEVINE - HOLD (06.00)

1–2–3–4 Cross R over L – Step L to left side – Cross R over L – Flick L 5–6–7–8 Cross L over R – Step R to right side – Step L behind R – Hold

SECTION 4. COASTER STEP - HOLD - SWAY - BACK - DRAG (09.00)

1–2–3–4 Turn ¼ right, sweep and step R backward (9) – Step L next to R – Step R forward – Hold Step/rock L forward diagonally left (facing 9) – Step R to right side – Long step L backward – Drag R toward L

REPEAT □

TAG: At the end of walls 4 and 8 (RIGHT & LEFT) SCISSORS – HOLD

1–2–3–4 Step R to right side – Step L next to R – Cross R over L – Hold 5–6–7–8 Step L to left side – Step R next to L – Cross L over R - Hold

SIDE - RECOVER - CROSS - RECOVER

1–2–3–4 Step/rock R to right side – Recover on L – Cross/rock R over L – Recover on L

ENJOY AND HAPPY DANCING..

Contact person: permanaayu@yahoo.com