

Slow Dancin'

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Slow Dancing Under the Sheets - Blackjack Billy



Intro 32 counts

SCT 1 : R shuffle fwd, L shuffle fwd, step back R,L,R,L

1 & 2 RF fwd, LF beside RF, RF fwd
3 & 4 LF fwd, RF beside LF, LF fwd
5 - 8 RF back, LF back, RF back, LF back

Option : 5 to 8 : you can replace steps back by hitch steps back on &5 &6 &7 &8

SCT 2 : Heel switches, R step fwd, hold, R step fwd ¼ turn

1 - 2 R heel fwd, recover
3 - 4 L heel fwd, recover
5 - 6 R step fwd, hold
&7 - 8 LF beside RF, R step fwd, 1/4 turn on left (Body weight on left)

RESTART here 2nd WALL

SCT 3 : Rocking chair , step 1/2 turn x2

1 - 2 Rock step R fwd, recover on L
3 - 4 Rock step R back, recover on L
5 - 6 R step fwd, pivot ½ turn on left side
7 - 8 R step fwd, pivot ½ turn on left side

RESTART here WALL 5 & WALL 9

SCT 4 : Right shuffle on right, rock L back, Left shuffle on the left, Rock R back

1 & 2 RF on right side, LF beside RF, RF on right side
3 - 4 Rock L back , recover
5 & 6 LF on left side, RF beside LF, LF on left side
7 - 8 Rock R back , recover

RESTARTS : -

~2nd wall after 16 counts facing 6:00

~5th wall after 24 counts facing 9:00

~9th wall after 24 counts facing 9:00

RF = right foot LF= left foot

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