

Nothin Slow

COPPERKNOB
BY STEPHEN HETS

拍數: 72

牆數: 2

級數: Phrased Intermediate or Avanced
(Options)



編舞者: Mike Liadouze (FR) - October 2011

音樂: Sideways - Dierks Bentley

Sequence : □ABCC, ABCC, A, Tag, BCC, CC, Ending

Introduction : □32 counts (on lyric) □

PART A – 32 counts

A[1-8]□BACK TOE STRUT ½ RIGHT, FORWARD TOE STRUT ½ RIGHT, SAILOR, SAILOR ¼ LEFT

- 1-2 Step R toe back, ..½ turn R.. lower R heel (6:00)
3-4 Step L toe forward, ..½ turn R.. lower L heel (12:00)
5&6 Cross RF behind L, step LF side, step RF side
7&8 Cross LF derrière D, ..¼ turn L.. step RF side, step LF side (9:00)

A[9-16]□2x HEEL-TOE SWITCH, 2x HEEL-FAN, SAILOR ¾ RIGHT

- 1&2 Touch R heel forward, step RF together, tap L toe next to RF
3&4 Touch L heel forward, step LF together, tap R toe next to LF
&5 Swivel R heel to the L, swivel back
&6 Swivel L heel to the R, swivel back
7&8 ..¼ turn R.. Cross RF behind LF, ..¼ turn R.. step LF together, ..¼ turn R.. step RF side (6:00)

Option□2x APPLEJACK

- &5 Swivel R heel to the L & swivel L toe to the L, swivel back
&6 Swivel L heel to the R & swivel R toe to the R, swivel back (6:00)

A[17-24] FORWARD TOE STRUT ½ RIGHT, BACK TOE STRUT ½ RIGHT, INVERSED SAILOR ¼ LEFT, INVERSED SAILOR

- 1-2 Step L toe forward ..½ turn R., lower L heel (12:00)
3-4 Step R toe back ..½ turn R., lower R heel (6:00)
5&6 Cross LF over D, ..¼ turn L.. step RF side, step LF side (3:00)
7&8 Cross RF over G, step LF side, step RF side

A[25-32] 2x HEEL-TOE SWITCH, 2x HEEL-FAN, SAILOR ¼ LEFT

- 1&2 Touch L heel forward, step LF together, TOUCH R toe next to LF
3&4 Touch R heel forward, step RF together, TOUCH L toe next to LF
&5 Swivel R heel to the L, swivel back
&6 Swivel R heel to the L, swivel back
7&8 Cross LF behind RF, ..¼ turn L.. step RF side, step LF side (12:00)

Option□2x APPLEJACK

- &5 Swivel R heel to the L & swivel L toe to the L, swivel back
&6 Swivel R heel to the L & swivel L toe to the L, swivel back (12:00)

PART B – 32 counts

[33-40]□SCUFF HITCH ½ RIGHT STOMP, SCUFF HITCH STOMP, FULL TURN LEFT, ROCK FOWARD ¼ LEFT & CROSS...

- 1&2 Scuff R, hitch R ..½ turn R., stomp RF forward (6:00)
3&4 Scuff L, scoot on R forward & hitch L, stomp LF forward
5-6 ..½ turn L.. step RF back - ..½ turn L.. step LF forward (6:00)
7&8 Rock step R forward, ..¼ turn L.. recover on LF, cross RF over LF (3:00)

[41-48]□... SHUFFLE, VINE, HEEL, MODIFIED SLAPPING LEATHER WITH ¼ LEFT

- &1 Step LF side, cross RF over LF
- 2-3-4 Step LF side, cross RF behind LF, step LF side (3:00)
- 5 Touch R heel forward
- 6&7 Slap RF over L with L hand, ..¼ turn L.. step RF together, slap LF behind R with R hand (12:00)
- 8 Stomp LF in place (weight on RF)
- Option** □ ¼ ½ ¼ **RIGHT MOVING LEFT, 2 x HEEL, MODIFIED SLAPPING LEATHER WITH ¼ LEFT**
- 2-3-4 ..¼ turn R.. step LF back, ..½ turn R.. step RF forward, ..¼ turn R.. step LF side (3:00)
- 5& Touch R heel forward twice
- 6&7 Slap RF over G with L hand, ..¼ turn L.. slap RF side with R hand, slap RF behind L with L hand (12:00)
- &8 Step RF together & slap LF behind R with R hand, stomp LF next to R (weight on RF)

[49-56] □ SCUFF HITCH ½ LEFT STOMP, SCUFF HITCH STOMP, FULL TURN RIGHT, ROCK FORWARD ¼ RIGHT & CROSS

- 1&2 Scuff L, hitch L ..½ turn L.., stomp LF forward (6:00)
- 3&4 Scuff D, scoot on LF forward & hitch R, stomp R forward
- 5-6 ..½ turn R.. step LF back - ..½ turn R.. step RF forward (6:00)
- 7&8 Rock step L forward - ..¼ turn R.. recover on RF, cross LF over RF (9:00)

[57-64] □ ...SHUFFLE, VINE, VAUDEVILLE WITH ¼ LEFT, VAUDEVILLE

- &1 Step RF side, cross LF over RF
- 2-3-4 Step RF side, cross LF behind RF, step RF side (9:00)
- 5&6& Cross LF over D, step RF side, touch L heel diagonally forward L, ..¼ turn L.. step LF together
- 7&8 Cross RF over G, step LF side, touch R heel diagonally forward R
- Option** □ ¼ ½ ¼ **LEFT MOVING RIGHT, MODIFIED VAUDEVILLES WITH ¼ LEFT**
- 2-3-4 ..¼ turn L.. step RF back, ..½ turn L.. step LF forward, ..¼ turn L.. step RF side (9:00)
- 5& Jumping : touch R heel diagonally forward R & step LF side, together
- 6& Jumping : touch R heel diagonally forward R & step LF side, together ..¼ turn L..(6:00)
- 7& Jumping : touch L heel diagonally forward L & step RF side, together
- 8 Jumping : touch R heel diagonally forward R & step LF side

PART C (SIDEWAYS) – 8 counts

[65-72] □ CROSS HEEL GRIND ½ RIGHT, SYNCOPATED WEAVE, JUMPING CROSS RIGHT & LEFT & ROCK, STOMP

- 1-2 Cross R heel over LF, grind on R heel ..½ turn R.. (weight on LF) (12:00/9:00)
- &3&4& Step RF side, cross LF over RF, step RF side, cross LF behind RF, step RF side
- 5& Jumping : cross LF over RF & flick R back, step RF in place & kick L forward
- 6& Jumping : step LF à L & kick R forward, cross RF over LF & flick L
- 7& Jumping : step LF in place & kick R forward, step RF side & hitch L
- 8 Stomp LF forward (weight on RF)
- Option** □ **JUMPING CROSS RIGHT, HOP, STOMP, JUMPING CROSS LEFT WITH HOP, STEP, STOMP**
- & u5 □ Jumping : step RF side, cross LF over RF & flick R, step RF in place & kick L forward
- &6 Jumping : hop on RF, stomp LF next to RF
- & u7 □ Jumping : cross RF over LF & flick L, step LF in place & kick R forward, hop on LF
- &8 Jumping : step RF next to LF & hitch L, stomp LF à côté du RF

TAG : (On 3rd wall after PART A)

- 1-12 DO THE BEGINNING OF B : COUNTS 33 TO 44 (*for intermediate version : TAP LF on count 12)
- 13-20 4x VAUDEVILLES (LEFT, RIGHT, LEFT WITH ¼ LEFT, RIGHT)
- 13-20 8x MODIFIED VAUDEVILLES (RIGHT, RIGHT, LEFT, LEFT, RIGHT, RIGHT WITH ¼ LEFT, LEFT, RIGHT)

FINAL : (On 3rd wall after 4 PART C) :

1-6 DO THE BEGINNING OF A : COUNTS 1 TO 6

7-8 SAILOR STEP ½ LEFT (*Face 12:00)

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