

Backwoods Stomp

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Beverly Frank (CAN) - August 2015
音樂: Crank It Up - Colt Ford : (CD: Thanks for Listening)



Count in: 32 cts from start of track...start on lyrics - 1 Restart - 1 Tag

Step R Fwd, Stamp L, Step L Fwd, Stamp R, Walk Back R L R, Stamp L

1 - 2 Step right foot forward, stamp left foot beside right (no weight on left foot)
3 - 4 Step left foot forward, stamp right foot beside left (no weight on right foot)
5,6,7 Walk back right, left, right
8 Stamp left foot beside right (no weight on right)

Step L Fwd, Stamp R, Step R Fwd, Stamp L, Walk Back L R L, Stamp R

1 - 2 Step left foot forward, stamp right foot beside left (no weight on right foot)
3 - 4 Step right foot forward, stamp left foot beside right (no weight on right foot)
5,6,7 Walk back left, right, left
8 Stamp right foot beside left (no weight on right foot)

Restart – 4th Round

Big Step R, Slide L to R, Stamp L X2, Big Step L, Slide R to L, Stamp L X2

1 - 2 Big step with right foot to the right, slide left foot to right foot
3 - 4 Stamp left foot twice beside right foot
5 - 6 Big step with left foot to the left, slide right foot to left foot
7 - 8 Stamp right foot twice beside left foot

R Double Heel Fwd, R Double Toe Back, 1/4 Pivot Turn L, Stomp R, Stomp L

1 - 2 Touch right heel forward twice
3 - 4 Touch right toe back twice
5 - 6 Step right foot forward, pivot 1/4 turn left onto left foot
7 - 8 Stomp right foot, stomp left foot

Restart: 4th round (facing 3:00), dance first 16 cts of dance and then restart the dance.

Tag: Stamp right foot 4 times at the beginning of the 9th wall (facing the front wall) and then Restart the dance

HAVE FUN!!!!

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