

Some Of These Days - 4w

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Roger Neff (USA) - September 2015
音樂: Some of These Days - The Hot Sardines



Intro: 48 Counts

[1-8] □ Long Step to L, Hold, Rock back on R, Rec on L, Step R to R, Step L behind R, Triple-Step turning ¼ to R (3:00)

1-2-3-4 Take long step to L, Hold, Rock back on R, Rec on L
5-6-7&8 Step R to R, Step L behind R, Triple step turning ¼ to R and moving fwd

[9-16] □ L Rocking Chair, Step L over R, Step R to R, Triple Step turning ½ to L

1-2-3-4 Rock fwd on L, Rec on R, Rock back on L, Rec on R
5-6,7&8 Step L over R, Step R to R, Triple step turning ½ to L (9:00)

[17-24] Rock Fwd on R, Rec on L, Shuffle Back (R,L,R), Rock Back on L, Rec on R, Shuffle Fwd (L,R,L)

1-2,3&4 Rock fwd on R, Rec on L, Shuffle back R,L,R
5-6,7&8 Rock back on L, Rec on R, Shuffle fwd L,R,L

[25-32] 2 X ¼ Turns to L (3:00), Step R beside L (5), Hold, Sway L, R

1-2-3-4 Step fwd on R, Turn ¼ to L and step on L (6:00), Repeat (3:00)
5-6,7-8 Step on R beside L, Hold, Sway L, R

Contact Roger at: lingofun@sbcglobal.net