Brother Mob



拍數: 196 牆數: 1 級數: Phrased Improver

編舞者: Mike Liadouze (FR) - November 2013

音樂: Hey Brother - Avicii



Sequence: □AB AB CB D AB CB D Introduction: □24 counts (with lyrics) □

PART A: BROTHER & SISTER (36 COUNTS)

A[1-8] | WEAVE WAVING RIGHT, SHUFFLE HITTING CHEST, ROCK STEP BACK

1-4 Step RF side, cross LF behind RF, step RF side, cross LF over RF & wave R hand clockwise

up

5&6 Step RF side & hit L breast with R fist, step LF together & hit L breast with R fist, step RF

side & lower R arm down

7-8 Rock step LF back, recover on RF

A[9-18] □4x STEP 1/4 RIGHT MIMMING 4 WALLS, ROCK STEP FORWARD

1-2	Step LF forward & mime 12:00 wall with L hand,1/4 turn R recover on RF
3-4	Step LF forward & mime 3:00 wall with R hand,1/4 turn R recover on RF
5-6	Step LF forward & mime 6:00 wall with L hand,1/4 turn R recover on RF
7-8	Step LF forward & mime 9:00 wall with both handd,1/4 turn R recover on RF

9-10 Rock step LF forward, recover on RF

A[1-8] DWEAVE WAVING LEFT, SHUFFLE HITTING CHEST, ROCK STEP BACK

1-4 Step LF side, cross RF behind LF, step LF side, cross RF over LF & wave L hand counter-

clockwise up

5&6 Step LF side & hit R breast with L fist, step RF together & hit R breast with L fist, step LF side

& lower L arm down

7-8 Rock step RF back, recover on LF

AI9-181 □4x STEP 1/4 LEFT MIMING 4 WALLS. ROCK STEP FORWARD

1-2	Step LF forward & mime 12:00 wall with R hand,1/4 turn R recover on RF
3-4	Step LF forward & mime 9:00 wall with L hand,1/4 turn R recover on RF
5-6	Step LF forward & mime 6:00 wall with R hand,1/4 turn R recover on RF
7-8	Step LF forward & mime 3:00 wall with both hand,1/4 turn R recover on RF
9-10	Rock step RF forward, recover on LF

PART B : SKYFALL (28 COUNTS) B[1-8] □STOMP SIDE & RAISE HANDS UP, 4x CLAP

1-4 Stomp RF side shoulder wide & lower arms down, raise both arms up in a "V" (3 counts)

5-8 Clap hands up high, clap hands in front of head, clap hands in front of chest, clap hands

down low

B[9-16] □BEND DOWN, POINT UP

1-4 ...1/4 turn L.. bend R knee next to LF & lay R hand on the floor (4 counts)
5-8 ...1/4 turn R.. stand back up apart & point R index forward (4 counts)

B[17-28] □BALL CROSS, HOLD, UNWIND 1/2 LEFT, HOLD, OUT OUT, HOLD, BALL CROSS, HOLD, UNWIND 1/2 LEFT, 3x HOLD

&1-2 Step LF together & cross L arm in front of chest, cross RF over LF & cross R arm in front of

chest. HOLD

3-4 ...1/2 turn L.. unwind weight on RF & lower arms down, HOLD

&5-6 Step LF side, & roll L shoulder back, step RF side & roll R shoulder back, HOLD

&7-8 Step LF together & cross L arm in front of chest, cross RF over LF & cross R arm in front of

chest, HOLD

9-12 ...1/2 turn L.. unwind weight on RF & lower arms down, HOLD, HOLD, HOLD

PART C: HOME (28 COUNTS)

C[1-10] □SHUFFLE RIGHT, SHUFFLE LEFT, SHUFFLE FORWARD, BIG STEP FORWARD SLIDE

1&2 Step RF side, step LF together, step RF side3&4 Step LF side, step RF together, step LF side

5&6 Step RF forward, step LF together, step RF forward

7-10 Big step LF forward, slide RF next to LF without weight (3 counts)

C[11-17] □3x STEP BACK, LUNGE LEFT

1-3 Three steps back (R-L-R)

4-7 Lunge LF side bending L knee & mime a telephone on L hear with L hand (3 counts), recover

on RF

C[18-24] □3x STEP BACK, LUNGE RIGHT

1-3 Three steps back (L-R-L)

4-7 Lunge RF bending R knee & mime grabbing something on the floor with R hand (3 counts),

recover on LF

C[25-28]□JAZZ BOX

1-4 Cross RF over LF, step LF back, step RF side, step LF forward

PART D: MARCHE (104 COUNTS)

D[1-32] MILITARY SQUARE MARCHING TURNING RIGHT

1-4 Four steps in place raising knees (R-L-R-L) ..1/4 turn R.. (1 person/2 doesn't do first 1/4 turn

R)

5-8 Four steps forward raising knees (R-L-R-L)

9-32 Repeat first 8 count three times

D[33-64] MILITARY SQUARE MARCHING TURNING LEFT

1-4 Four steps in place raising knees (R-L-R-L)5-8 Four steps forward raising knees (R-L-R-L)

9-12 Four steps in place raising knees (R-L-R-L) ..1/4 turn L..

13-16 Four steps forward raising knees (R-L-R-L)

17-32 Repeat counts 9-16 two times

D[65-96] REVERSE MILITARY SQUARE MARCHING TURNING RIGHT

1-4 Four steps back raising knees (R-L-R-L)

5-8 Four steps in place raising knees (R-L-R-L) ..1/4 turn R..

9-32 Repeat first 8 count three times (other person doesn't do last 1/4 turn R)

D[97-104]□8x HOLD

FINAL: BEND DOWN

1-4 ...1/4 turn L.. bend R knee next to LF & lay R hand on the floor (4 counts)

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