

Brother Mob

拍數: 196 牆數: 1 級數: Phrased Improver
編舞者: Mike Liadouze (FR) - November 2013
音樂: Hey Brother - Avicii



Sequence: □AB AB CB D AB CB D
Introduction: □24 counts (with lyrics) □

PART A : BROTHER & SISTER (36 COUNTS)

A[1-8] □WEAVE WAVING RIGHT, SHUFFLE HITTING CHEST, ROCK STEP BACK

- 1-4 Step RF side, cross LF behind RF, step RF side, cross LF over RF & wave R hand clockwise up
- 5&6 Step RF side & hit L breast with R fist, step LF together & hit L breast with R fist, step RF side & lower R arm down
- 7-8 Rock step LF back, recover on RF

A[9-18] □4x STEP 1/4 RIGHT MIMMING 4 WALLS, ROCK STEP FORWARD

- 1-2 Step LF forward & mime 12:00 wall with L hand, ..1/4 turn R.. recover on RF
- 3-4 Step LF forward & mime 3:00 wall with R hand, ..1/4 turn R.. recover on RF
- 5-6 Step LF forward & mime 6:00 wall with L hand, ..1/4 turn R.. recover on RF
- 7-8 Step LF forward & mime 9:00 wall with both handd, ..1/4 turn R.. recover on RF
- 9-10 Rock step LF forward, recover on RF

A[1-8] □WEAVE WAVING LEFT, SHUFFLE HITTING CHEST, ROCK STEP BACK

- 1-4 Step LF side, cross RF behind LF, step LF side, cross RF over LF & wave L hand counter-clockwise up
- 5&6 Step LF side & hit R breast with L fist, step RF together & hit R breast with L fist, step LF side & lower L arm down
- 7-8 Rock step RF back, recover on LF

A[9-18] □4x STEP 1/4 LEFT MIMING 4 WALLS, ROCK STEP FORWARD

- 1-2 Step LF forward & mime 12:00 wall with R hand, ..1/4 turn R.. recover on RF
- 3-4 Step LF forward & mime 9:00 wall with L hand, ..1/4 turn R.. recover on RF
- 5-6 Step LF forward & mime 6:00 wall with R hand, ..1/4 turn R.. recover on RF
- 7-8 Step LF forward & mime 3:00 wall with both hand, ..1/4 turn R.. recover on RF
- 9-10 Rock step RF forward, recover on LF

PART B : SKYFALL (28 COUNTS)

B[1-8] □STOMP SIDE & RAISE HANDS UP, 4x CLAP

- 1-4 Stomp RF side shoulder wide & lower arms down, raise both arms up in a "V" (3 counts)
- 5-8 Clap hands up high, clap hands in front of head, clap hands in front of chest, clap hands down low

B[9-16] □BEND DOWN, POINT UP

- 1-4 ..1/4 turn L.. bend R knee next to LF & lay R hand on the floor (4 counts)
- 5-8 ..1/4 turn R.. stand back up apart & point R index forward (4 counts)

B[17-28] □BALL CROSS, HOLD, UNWIND 1/2 LEFT, HOLD, OUT OUT, HOLD, BALL CROSS, HOLD, UNWIND 1/2 LEFT, 3x HOLD

- &1-2 Step LF together & cross L arm in front of chest, cross RF over LF & cross R arm in front of chest, HOLD
- 3-4 ..1/2 turn L.. unwind weight on RF & lower arms down, HOLD
- &5-6 Step LF side, & roll L shoulder back, step RF side & roll R shoulder back, HOLD

- &7-8 Step LF together & cross L arm in front of chest, cross RF over LF & cross R arm in front of chest, HOLD
9-12 ..1/2 turn L.. unwind weight on RF & lower arms down, HOLD, HOLD, HOLD

PART C : HOME (28 COUNTS)

C[1-10] □SHUFFLE RIGHT, SHUFFLE LEFT, SHUFFLE FORWARD, BIG STEP FORWARD SLIDE

- 1&2 Step RF side, step LF together, step RF side
3&4 Step LF side, step RF together, step LF side
5&6 Step RF forward, step LF together, step RF forward
7-10 Big step LF forward, slide RF next to LF without weight (3 counts)

C[11-17] □3x STEP BACK, LUNGE LEFT

- 1-3 Three steps back (R-L-R)
4-7 Lunge LF side bending L knee & mime a telephone on L hear with L hand (3 counts), recover on RF

C[18-24] □3x STEP BACK, LUNGE RIGHT

- 1-3 Three steps back (L-R-L)
4-7 Lunge RF bending R knee & mime grabbing something on the floor with R hand (3 counts), recover on LF

C[25-28]□JAZZ BOX

- 1-4 Cross RF over LF, step LF back, step RF side, step LF forward

PART D : MARCHE (104 COUNTS)

D[1-32]□MILITARY SQUARE MARCHING TURNING RIGHT

- 1-4 Four steps in place raising knees (R-L-R-L) ..1/4 turn R.. (1 person/2 doesn't do first 1/4 turn R)
5-8 Four steps forward raising knees (R-L-R-L)
9-32 Repeat first 8 count three times

D[33-64]□MILITARY SQUARE MARCHING TURNING LEFT

- 1-4 Four steps in place raising knees (R-L-R-L)
5-8 Four steps forward raising knees (R-L-R-L)
9-12 Four steps in place raising knees (R-L-R-L) ..1/4 turn L..
13-16 Four steps forward raising knees (R-L-R-L)
17-32 Repeat counts 9-16 two times

D[65-96]□REVERSE MILITARY SQUARE MARCHING TURNING RIGHT

- 1-4 Four steps back raising knees (R-L-R-L)
5-8 Four steps in place raising knees (R-L-R-L) ..1/4 turn R..
9-32 Repeat first 8 count three times (other person doesn't do last 1/4 turn R)

D[97-104]□8x HOLD

FINAL : BEND DOWN

- 1-4 ..1/4 turn L.. bend R knee next to LF & lay R hand on the floor (4 counts)

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