

Sacrifice

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Lily Ang (SG) - September 2015
音樂: Sacrifice - Elton John : (Album: Rocket Man - The Definitive Hits)



Intro: 32 counts

Section 1: R & L Basic, ¼ Turn L, Hold, Coaster Step

1-2 & Step R big step to R side (1), Step L behind R (2), Cross R over L (&) 12:00
3-4 & Step L big step to L side (3), Step R behind L (4), Cross L over R (&) 12:00
5-6 ¼ turn L stepping back on R (5), Hold (6) 9:00
7&8 Step back on L (7), Step R next to R (&), Step forward on L (8) 9:00

Section 2: Cross rock, Recover, Back, Cross, Back, Side, Coaster Step, Shuffle Fwd

1&2 Cross rock R over L (1), Recover on L (&), R step back (2) 9:00
3&4 L Cross in front of R (3), R step back (&), Step L to side (4) 9:00
5&6 Step back on R (5), Step L next to L (&), Step forward on R (6) 9:00
7&8 Step L forward (7), Lock L behind R (&), Step L forward (8) 9:00

Restart: here wall 2 & 5

Section 3: Step ½ Turn L, Step, Hold, Step ¼ Turn R Cross, Hold

1-2 Step forward on R (1), ½ turn L stepping onto L (2) 3:00
3-4 Step R forward (3), Hold (4) 3:00
5-6 Step forward on L (5), ¼ turn R stepping onto R (6) 6:00
7-8 Cross L over R (7), Hold (8) 6:00

Section 4: Scissors Cross L & R

1-2 Step R to side (1), Step L together (2) 6:00
3-4 Cross R over L (3), Hold (4) 6:00
5-6 Step L to side (5), Step R together (6) 6:00
7-8 Cross L over R (7), Hold (8) 6:00

Section 5: Cross Rock, Side Rock, Cross, Hold, Side, Back, Cross

1-2 Cross rock R over L (1), Recover back on L (2) 6:00
3-4 Rock R to R side (3), Recover on L (4) 6:00
5-6 Cross R over L (5), Hold (6) 6:00
7-8& Step L to L side (7), R step back (8), L Cross in front of R (&) 6:00

Section 6: Rumba Box

1-2 Step R to R side (1), Step L beside R (2) 6:00
3-4 Step R forward (3), Hold (4) 6:00
5-6 Step L to L side (5), Step R beside L (6) 6:00
7-8 Step L back (7), Touch R beside L (8) 6:00

Enjoy!

Restart: On wall 2 - facing 12:00 & wall 5 - facing 6:00

Note: Right Sweep with a ¼ turn Left and touch on Left and Restart

Tag: After wall 3 - facing 6:00 & wall 6 - facing 12:00

1-2 Sway right (1), Sway left (2)
3-4 Sway right (3), Sway left (4)

Contact: lily_ang1382@yahoo.com.sg

