

# Higher Ground

**COPPER KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Irene Deng (TW) - September 2015  
音樂: Higher Ground (feat. Michael Marshall) - Shiny Objects



Intro : 32 Count ,Drumbeat start counting (Approx. 18 Seconds Into Track) 3:10 iTunes 116 bpm

## SECTION 1 [1 - 8]:STEP,HITCH ,SIDE,HIPSWAY,ROCK,RECOVER,SIDE, WEAVE

1 – 2      Step Rf forward(1),Hitch Lf (2)  
3 & 4      Step Lf to left side and do the hip sway(LRL)  
5 & 6      Rock Rf behind Lf (5),Recover on Lf(&),Step Rf to right(6)  
7 & 8      Cross Lf behind Rf(7),Step Rf to right(&),Cross Lf over Rf(8)(12:00)

## SECTION 2 [9-16] : ROCK, RECOVER,KICKBALL CHANGE,CROSS,1/4TURN LEFT,COASTER

1 - 2      Rock Rf to right (1) , Recover on Lf (2)  
3&4&      Cross Rf over Lf (3) , Step Lf to left (& ) , point R heel diagonal forward(1:30) (4),Step Rf in place(&)  
5 - 6      Cross Lf over Rf (5) , 1/4 turn left step Rf back (6)(9:00)  
7 & 8      Step Lf back (7) , Step Rf beside Lf (& ) , Step Lf forward (9:00)

## SECTION 3 [17 - 24]: SKATE RF , SKATE LF, COASTER,LOCK STEP, PIVOT,HALF TRUNT LEFT

1– 2      Skate Rf to right out (1) , Skate Lf to left out (2)  
3 & 4      Step Rf back (7) , Step Lf beside Rf (& ) , Step Rf forward (9:00)  
5 & 6      step Lf forward (5),Lock step Rf behind Lf(& ) , Step Lf forward(6)  
7 - 8      Pivot Rf 1/2 turn left (7) , Step Lf forward(8)

## SECTION 4 [25 - 32]: WALK\*3,TOGETHER,BACK,BACK\*2,COASTER

1 – 2      Walk forward (R L )(1. 2) (3:00)  
3 & 4      Step Rf forward(3) , Step Lf beside Rf(& ) , Step Rf back(4)  
5 – 6      Walk back (L R)(5.6)  
7 & 8      Step Lf back (7) , Step Rf beside Lf (& ) , Step Lf forward (9:00)

Proposal : Hand movements refer to the demo

Have fun!!! Happy Dance

Contact – Irene Deng - E-mail: [yuanmei40681@gmail.com](mailto:yuanmei40681@gmail.com)

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