

# Lasso

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Jen Newton (USA) - September 2015  
音樂: Lasso (feat. Durwood Black) - Moonshine Bandits



## #32 Count Intro (start when music starts) No Tags Or Restarts

### Vine R, Scuff, Step-Scuff x2

1-4      Vine R, step R to side (1), step L behind (2), step R to side (3), scuff L (4)  
5-8      Step L to side (5), scuff R (6), step R to side (7), scuff L (8)

### Vine L, Scuff, Step-Scuff x2

1-4      Vine L, step L to side (1), step R behind (2), step L to side (3), scuff R (4)  
5-8      Step R to side (5), scuff L (6), step L to side (7), scuff R (8)

### Stomp R, Stomp L, Hip Bump R, Hip Bump L, Step forward R, ¼ L x2

1-2      Stomp forward R (1), stomp forward L (2)  
3-4      Bump hips R (3), bump hips L (4)  
5-6      Step forward R (5), turn ¼ L – weight to L (6) (9:00)  
7-8      Step forward R (7), turn ¼ L – weight to L (8) (6:00)

### Bump hips R-L-R, Bump hips L-R-L, Hip Circles x2

1&2      Bump hips R (1), L (&), R (2)  
3&4      Bump hips L (3), R (&), L (4)  
5-6      Circle hips R (5), L (6)  
7-8      Circle hips R (7), L (8) – weight ends on L

**Styling:** During the lyrics that say “whip it like a lasso”, can swing arm above head and circle it above head like swinging a lasso.

These lyrics occur during the ¼ turns and also the hip circles, so the styling fits the dance and music.

**Begin again!**

Contact: [jenzappulla@gmail.com](mailto:jenzappulla@gmail.com)

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