

Spend The Night

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: Mike Hitchen (UK) & Andrea Atkinson (ES) - September 2015
音樂: Why Don't You Spend the Night - Ray Dylan : (iTunes)



One Tag One Restart Start

Start on vocals

Section 1: Walk Back RL, Coaster Cross, 2x 1/4 Turns right, Touch Step.

1-2 Walk back Right, Walk back left.
3&4 Step right back, Step left together, Cross right over left.
5-6 Turn 1/4 turn right stepping left back, Turn 1/4 turn right stepping right to side.
7-8 Touch left out to left side, Step on left 1/4 turn left. 3.00

Section 2: Step, Kickball Change, Step Kickball Change, Rock Step.

1-2&3 Step right forward, Kick left forward, Step left together, Step right in place.
4-5&6 Step left forward, Kick right forward, Step right together, Step left in place.
7-8 Rock forward on right, Recover to left.

Section 3: 2X Shuffle 1/2 Turns Right, Behind Side Cross, Side Rock.

1&2 Step right 1/4 turn right, Step left together, Step right 1/4 turn right.
3&4 Step left 1/4 turn right, Step right together, Step left back 1/4 right.
5&6 Cross right behind left, Step right to side. Cross right over left.
7-8 Rock left to side, Recover to right.

Section 4: Behind Side Cross, Side Rock, Sailor 1/4 Turn Right, Mambo Step.

1&2 Cross left behind right, Step right to side, Cross left over right.
3-4 Rock right to side, Recover to left.

Restart here with step change.

5&6 Step right behind left, Step left 1/4 turn right, Step right to side.
7&8 Rock forward on left, Recover to right, Step left back.

TAG: 8 Count Tag at the end wall 4

Walk Back Right Left, Coaster Step, Walk forward Left Right, Left Mambo.

1-2 Walk back right, Walk back left.
3&4 Step right back, Step left together, Step right forward.
5-6 Walk forward left, Walk forward right.
7&8 Rock forward on left, Recover to right, Step left back.

Restart: Wall 11, Section 4, count 3-4 change step' Rock right Side rock, Recover 1/4 turn right - Restart Dance.