

Are You In The Mood

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Phrased Improver
編舞者: Ozgur "Oscar" TAKAÇ (TUR) - September 2015
音樂: Swing the Mood (Oscar's Remix) - Jive Bunny



Description: ABBA – ABBA – BB – AA

Intro: 48 counts (00:15)

PART A (48)

A1: WINE, SLAP, STEP, SLAP, STEP, SLAP

1-2-3-4 Step R, L behind, step R, slap L behind R with R hand
5-6-7-8 Step L, slap R behind L with L hand, step R, slap L behind R with R hand

A2: WINE, SLAP, STEP, SLAP, STEP, SLAP

1-2-3-4 Step L, R behind, step L, slap R behind L with L hand
5-6-7-8 Step R, slap L behind R with R hand, step L, slap R behind L with L hand

A3: BACK, KICK, BACK, KICK, BACK, TOGETHER, FORWARD, HOLD

1-2-3-4 R back, kick L forward, L back, kick R forward
5-6-7-8 R back, L together, R forward, hold

A4: STEP, LOCK, STEP, HOLD, STEP, LOCK, STEP, HOLD

1-2-3-4 L forward, lock step R, L forward, hold
5-6-7-8 R forward, lock step L, R forward, hold

A5: JAZZ TRIANGLE, HOLD, JAZZ TRIANGLE, HOLD

1-2-3-4 L across, R back, step L, hold
5-6-7-8 R across, L back, step R, hold

A6: STEP, HOLD, ¼ TURN, HOLD, STEP, HOLD, ¼ TURN, TOUCH

1-2-3-4 L forward, hold, ¼ turn R (03:00) and recover on R, hold
5-6-7-8 L forward, hold, ¼ turn R (06:00) and touch R, hold (weight on L)

PART B (32)

B1: SIDE TOE STRUT, ACROSS TOE STRUT, SIDE, HOLD, ROCK STEP

1-2-3-4 Place R toe to side, down on the heel, place L toe across, down on the heel
5-6-7-8 Large step R, hold, L back, recover on R

B2: SIDE TOE STRUT, ACROSS TOE STRUT, SIDE, HOLD, ROCK STEP

1-2-3-4 Place L toe to side, down on the heel, place R toe across, down on the heel
5-6-7-8 Large step L, hold, step R back, recover on L

B3: DIAGONAL KICK, TOGETHER, DIAGONAL KICK, TOGETHER, RUN R-L-R, HOLD

1-2-3-4 Kick R diagonal R, R together, kick L diagonal L, L together
5-6-7-8 Run small steps forward R-L-R, hold

B4: DIAGONAL KICK, TOGETHER, DIAGONAL KICK, TOGETHER, STEP, ½ TURN, STOMP, HOLD

1-2-3-4 Kick L diagonal L, L together, kick R diagonal R, R together
5-6-7-8 L forward, ½ turn R (12:00) and recover on R, stomp L together, hold (weight on L)

REPEAT

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