

Song Of The Sea

COPPER KNOB
STEP SHEETS

拍數: 176 牆數: 1 級數: Phrased Intermediate
編舞者: Jennifer Jou (TW) - August 2015
音樂: "Song Of The Sea" by Ah Mei Cultural music



Introduction : 6 counts

Sequence : Intro dance /A/A/B/C/B/C/ Intro dance(20) /B/C/ Pose

[[[Intro Dance : 36 counts]]]

Sec 1 : SIDE, CROSS BEHIND, SIDE, KICK, SIDE, KICK, SIDE, KICK

1-4 Step RF to right side, cross step LF behind RF, step RF to right side, kick LF to right diagonal
5-8 Step LF to left side, kick RF to left diagonal, step RF to right side, kick LF to right diagonal

Sec 2 : SIDE, CROSS BEHIND, SIDE, KICK, SIDE, KICK, SIDE, KICK

1-4 Step LF to left side, cross step RF behind LF, step LF to left side, kick RF to left diagonal
5-8 Step RF to right side, kick LF to right diagonal, step LF to left side, kick RF to left diagonal

Sec 3 : SIDE, CROSS BEHIND, SIDE, KICK, SIDE, KICK, SIDE, KICK

Repeat Sec 1

Sec 4: SIDE, CROSS BEHIND, SIDE, KICK, SIDE, KICK, SIDE, KICK

Repeat Sec 2

Sec 5 : STOMP TWICE

1-2 Stomp RF in place
3-4 Stomp RF in place

[[[Part A : 48 counts]]]

Sec A1 : CROSS OVER, RECOVER, BACK, RECOVER, CROSS OVER, RECOVER, SIDE, HOLD

1-4 Cross step RF over LF, recover onto LF, step RF back, recover onto LF
5-8 Cross step RF over LF, recover onto LF, step RF to right side, hold

Sec A2 : CROSS OVER, RECOVER, BACK, RECOVER, CROSS OVER, RECOVER, SIDE, HOLD

1-4 Cross step LF over RF, recover onto RF, step LF back, recover onto RF
5-8 Cross step LF over RF, recover onto RF, step LF to left side, hold

Sec A3 : WALK FORWARD, POINT, HITCH, POINT, TOGETHER

1-4 Step RF forward, step LF forward, step RF forward, step LF forward
5-8 Point RF to right side, hitch right knee up and next to LF, point RF to right side, step RF next to LF

Sec A4 : WALK BACK, POINT, HITCH, POINT, TOGETHER

1-4 Step LF back, step RF back, step LF back, step RF back
5-8 Point LF to left side, hitch left knee up and next to RF, point LF to left side, step LF next to RF

Sec A5 : (OUT, OUT, IN, IN) *2

1-4 Step RF forward on right diagonal, step LF forward on left diagonal, step RF back, step LF next to RF
5-8 Repeat count 1-4

Sec A6 : PADDLE QUARTER TURN LEFT *4 TOUCH

1-4 Step ball of RF forward, pivot 1/4 turn left, step ball of RF forward, Pivot 1/4 turn left (6:00)
5-8 Repeat count 1-4 (12:00)

[[[TAG : 4 counts]]]

TAG □ SIDE, TOUCH, SIDE, TOUCH

1-4 Step RF to right side, touch LF beside RF, step LF to left side, touch RF beside LF

[[[Part B : 64 counts]]]

Sec B1: SHUFFLE FORWARD, FLICK, SHUFFLE BACK, HITCH

1-4 Step RF forward, step LF behind RF, step RF forward, flick LF behind RF

5-8 Step LF back, step RF in front of LF, step LF back, raise right knee up

Sec B2 : (JUMP, TOUCH, IN PLACE) *2, 1/4 TURN LEFT, (JUMP, TOUCH, IN PLACE) *2

1&2 Jump to right side on RF, touch left toe next to RF, step ball of RF in place

3&4 Jump to left side on LF, touch right toe next to LF, step ball of LF in place

5&6 Make 1/4 turn left Jumping to right side on RF, touch left toe next to RF, step ball of RF in place (9:00)

7&8 Jump to left side on LF, touch right toe next to LF, step ball of LF in place

Sec B3 : SHUFFLE FORWARD, FLICK, SHUFFLE BACK, HITCH

Repeat Sec B1

Sec B4 : (JUMP, TOUCH, IN PLACE) *2, 1/4 TURN LEFT, (JUMP, TOUCH, IN PLACE) *2

Repeat Sec B2 (6:00)

Sec B5 : SHUFFLE FORWARD, FLICK, SHUFFLE BACK, HITCH

Repeat Sec B1

Sec B6 : (JUMP, TOUCH, IN PLACE) *2, 1/4 TURN LEFT, (JUMP, TOUCH, IN PLACE) *2

Repeat Sec B2 (3:00)

Sec B7 : SHUFFLE FORWARD, FLICK, SHUFFLE BACK, HITCH

Repeat Sec B1

Sec B8 : (JUMP, TOUCH, IN PLACE) *2, 1/4 TURN LEFT, (JUMP, TOUCH, IN PLACE) *2

Repeat Sec B2 (12:00)

[[[Part C : 64 counts]]]

Sec C1: FORWARD, HOLD, TOGETHER, FORWARD, HOLD, POINT, HITCH, POINT, HITCH

1-2&3-4 Step RF forward, hold, step LF next to RF, step RF forward, hold

5-8 Point LF to left side, hitch left knee up, point LF to left side, hitch left knee up

Sec C2 : BACK, HOLD, TOGETHER, BACK, HOLD, POINT, HITCH, POINT, HITCH

1-2&3-4 Step LF back, hold, step RF next to LF, step LF back, hold

5-8 Point RF to right side, hitch right knee up, point RF to right side, hitch right knee up

Sec C3: FORWARD, HOLD, TOGETHER, FORWARD, HOLD, POINT, HITCH, POINT, HITCH

Repeat Sec C1

Sec C4: BACK, HOLD, TOGETHER, BACK, HOLD, POINT, HITCH, POINT, HITCH

Repeat Sec C2

Sec C5 : STOMP, HOLD, RECOVER, TOUCH, 1/4 TURN LEFT, SIDE, TOUCH, 1/4 TURN LEFT, FORWARD, TOUCH

1-4 Stomp RF back, hold, recover onto LF, touch RF next to LF

5-8 Make 1/4 turn left stepping RF to right side, touch LF next to RF, make 1/4 turn left stepping LF forward , touch RF next to LF (6:00)

Sec C6 : STOMP, HOLD, RECOVER, TOUCH, 1/4 TURN LEFT, SIDE, TOUCH, 1/4 TURN LEFT, FORWARD, TOUCH

Repeat Sec C5 (12:00)

Sec C7 : ROCKING CHAIR, FORWARD, RECOVER, CROSS BEHIND, SIDE, CROSS OVER

- 1-4 Rock RF forward on right diagonal, recover onto LF, rock RF back on left diagonal, recover onto LF
- 5-6 Rock RF forward on right diagonal, recover onto LF
- 7&8 Cross step RF behind LF, step LF to left side, cross step RF over LF

Sec C8 : ROCKING CHAIR, FORWARD ,RECOVER, CROSS BEHIND, SIDE, CROSS OVER

- 1-4 Rock LF forward on left diagonal, recover onto RF, rock LF back on right diagonal, recover onto RF
- 5-6 Rock LF forward on left diagonal, recover onto RF
- 7&8 Cross step LF behind RF, step RF to right side, cross step LF over RF

**Please refer to our video demo for the arms movements.
ENJOY THE DANCE!**

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