

Care For Music (喜歡音樂) (zh)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate/Advanced
編舞者: Sam Cropper - 2010年03月
音樂: Hallelujah - Alexandra Burke



前奏: Intro: 8 counts 8拍後起跳

第一段 **R To Right, Cross L Behind, Unwind 3/4, Step, Rock, Back, 1/2, Spiral, Step, Spiral, 2xstep, 1/4, Cross Shuffle**
右踏, 後交叉, 3/4, 踏, 下沉 回復, 後轉轉, 踏轉圈, 走走, 1/4, 交叉交換

1-2&a Step R to right side, cross L behind R, unwind 3/4 turn left, make small step fw on R 右足右踏, 左足於右足後交叉踏, 左繞轉270度, 右足前踏

3-4&a Rock fw on L, recover on R, step back on L, make 1/2 turn right stepping fw on R 左足前下沉, 右足回復, 左足後踏, 右轉180度右足前踏

5&6 Step fw on L making one full spiral turn right, step fw on R, step fw on L making one full spiral turn right 右轉180度左足前踏, 右足前踏, 右轉圈左足前踏

8&7&8&1 Step fw R, step fw L, make 1/4 turn right (weight on R), cross L over R, step R to right side, cross L over R (12:00)
右足前踏, 左足前踏, 右轉90度重心在右足, 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏(面向12點鐘)

第二段 **1/4, Step Back, 1/4, Cross, Unwind 1/2, Reunwind 3/4 Sweep, Behind, Side, Cross Rock, Side, Cross 1/4, 後, 1/4, 交叉, 1/2, 3/4繞, 後旁交叉下沉, 側, 交叉**

& Make 1/4 turn left on ball of L 左轉90度左足踏

2&3 Step back on R, make 1/4 turn left step L to left side, cross R over L 右足後踏, 左轉90度左足左踏, 右足於左足前交叉踏

4-5 Unwind 1/2 turn L, re-unwind 3/4 turn R sweeping R foot around
左繞轉180度, 右繞轉270度右足繞至後

6&7 Cross R behind L, step L to left side, cross rock R over L
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉下沉

8&1 Recover on L, step R to right side, cross L over R (9:00)
左足回復, 右足右踏, 左足於右足前交叉踏(面向9點鐘)

第三段 **1/4, 1/2, Step, 1/4, Cross, 1/4, 1/4, 1/4 Sweep, Jazzbox, Hitch 1/2, Cross 1/4, 1/2, 踏, 1/4, 交叉, 1/4, 1/4, 1/4繞, 爵士方塊, 抬1/2, 交叉**

8&2&3 Make 1/4 turn L stepping back on R, make 1/2 turn L stepping fw L, step fw on R, make 1/4 turn L (weight on L)
左轉90度右足後踏, 左轉180度左足前踏, 右足前踏, 左轉90度(重心在左足)

8&4& Cross R over L, make 1/4 turn R stepping back on L, make 1/4 turn R stepping fw on R
右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足前踏

5 Make 1/4 turn right on ball of R sweeping L around
右轉90度左足繞至前

6&7 Cross L over R, step back on R, step L to left side
左足於右足前交叉踏, 右足後踏, 左足左踏

8&8& Step fw on R, hitch L turning 1/2 turn R, cross L over R (1:30)
右足前踏, 右轉180度左足抬, 左足於右足前交叉踏(面向1:30)

RESTART: Happens on wall 2 after count 24& facing 6 o'clock
第二面牆跳至此面向6點鐘, 從頭起跳

第四段 **Kick, Cross, Back, Cross, Kick, Cross, Unwind 1/2, 3xsailor 1/4 Turns, Behind, 1/4, Lift**
踢, 交叉, 後, 交叉, 踢, 交叉, 1/2, 三次1/4轉水手, 後, 1/4, 抬

- 1-2&3 Kick R fw, cross R over L, step back on L, cross R over L (1:30)
右足前踢, 右足於左足前交叉踏, 左足後踏, 右足於左足前交叉踏(面向1:30)
- 8&4 Kick L fw at left diagonal (10:30), cross L over R, unwind a little more than 1/2 turn right (weight on R)
左足左斜角前踢(面向10:30), 左足於右足前交叉踏, 右繞轉180度(重心在右足)
- 5&a Cross L behind R, make 1/4 turn right stepping R to right side, step L to left side 左足於右足後交叉踏, 右轉90度右足右踏, 左足左踏
- 6&a Cross R behind L, make 1/4 turn right stepping L to left side, step R to right side 右足於左足後交叉踏, 右轉90度左足左踏, 右足右踏
- 7&a Cross L behind R, make 1/4 turn right stepping R to right side, step L to left side 左足於右足後交叉踏, 右轉90度右足右踏, 左足左踏
- 8&a Cross R behind L, make 1/4 turn right stepping L to left side, lift R slightly (6:00)
右足於左足後交叉踏, 右轉90度左足左踏, 右足略抬(面向6點鐘)

The music slows down at the end of wall 4 - just go with it. The speed is back to normal when the dance starts again.

跳至第四面牆要結束時, 音樂會慢下來, 配合音樂節拍跟著慢, 之後會恢復正常繼續跳
