Don't Make Me



拍數: 36 牆數: 4 級數: Intermediate

編舞者: William Sevone (UK) - September 2015

音樂: Don't Make Me Over - Dionne Warwick: (Single)



Choreographers note:- An ideal dance for those starting in the Intermediate level who have yet to savour the '&a' technique.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts ON count 19 of the intro (1 count prior to the vocals).

S1: 2x Diag Fwd. Fwd Shuffle-Hold. 1/4 Side. 3/4 Fwd. Fwd Shuffle-Hold (12:00)

| 1 – 2 | with a heavy sway (hip push) – Step right diagonally forward right. Repeat with left. |
|-------|---|
| 3&a4 | Step forward onto right, close left next to right, step slightly forward onto right – hold. |
| 5 – 6 | Turn ¼ right (3) & step left to left side. Turn ¾ right (12) & step forward onto right. |
| 7&a8 | Step forward onto left, close right next to left, step slightly forward onto left – hold. |

| ٠ | 52: 1/4 Side. 1/ | 4 Back Rock. Recover-Together-Fwd-Hold. 1/4 Side. 3/4 Fwd. Fwd Shuffle-Hold (6:00) |
|--|------------------|---|
| (| 9 – 10 | Turn ¼ left (9) & step right to right side. Turn ¼ left (6) & rock left across back of right |
| • | 11&a12 | Recover onto right, close left next to right, (turning to face 6) step forward onto right – hold. |
| • | 13 – 14 | Turn ¼ right (9) & step left to left side. Turn ¾ right (6) & step forward onto right. |
| • | 15&a16 | Step forward onto left, close right next to left, step slightly forward onto left – hold. |
| RESTART□SHORT WALL 3: add the 2 count BRIDGE here – then restart on (new) WALL 4 (facing | | |
| 1 | 12/home) | |

(BRIDGE: 1-Sway forward onto right. 2-Recover onto left)

S3: Side. 1/2 Sway. Chasse-Hold.Cross Rock. Recover. 1/4 Sweep-Fwd-Hold (9:00)

| 17 – 18 | Step right to right side. Turn $\frac{1}{2}$ (12) left and sway left to left side. | |
|---------|--|--|
|---------|--|--|

Step right to right side, close left next to right, step right to right side – hold. 19&a20

21 - 22Cross rock left over right. Recover onto right.

23&a24 (23&) turning ½ left (9) – Sweep left from front to back, step down onto left. (a24) Step slightly

forward onto right - hold.

S4: Cross Rock. Recover. 1/4 Sweep-Fwd-Hold. Walk:L-R. 1/4 Side-1/4 Together-Back Touch-Hold (12:00)

| 25 – 26 | Cross rock left over right. Recover onto right. |
|---------|---|
| 23 – 20 | CIUSS IUCK IEIL UVEL HUHL. NECUVEL UHLU HUHL. |

27&a28 (27&) turning 1/4 left (6) - Sweep left from front to back, step down onto left. (a28) Step slightly

forward onto right - hold.

Walk forward: Left. Right 29 - 30

31&a32 Turn ¼ right (9) & step left to left side, turn ¼ right (12) & step right next to left, touch left toe

backward-hold

S5: Step Fwd. 1/4 Side. 1/2 Side-Cross-Side-Back Cross Touch (3:00)

33 - 34Step forward onto left. Turn 1/4 left (9) & step right to right side.

Turn 1/2 left (3) & step left to left side, cross right over left, step left to left side - touching right 35&a36

toe across back of left (leaning upper body slightly to left)

Dance Finish: The dance will end on Count 12 of the 6th wall (facing 12) – just pose for last 2 counts.