

The Boy

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Thomas Palmer (AUS) & Michelle Palmer (AUS) - September 2015
音樂: Let's Hear It for the Boy - The Stunners : (Album: iCarly - Music from and Inspired
By the TV Show - Deluxe Version - by Various Artists, iTunes - 3:00)



Introduction: 16 Count from the start of the music – Weight on left

S1: SIDE ROCK, REPLACE, CROSS SHUFFLE, SIDE, BEHIND, SIDE, CROSS, SIDE

1,2,3&4 Rock R to side, replace weight on L, cross shuffle over L,
5,6&7,8 Step L to side, step R behind L, step L to side, step R over L, step L to side

S2: BACK, REPLACE, FORWARD, PIVOT, KICK BALL CHANGE, KICK BALL CHANGE

1,2,3,4 Rock back on R, replace weight on L, Step forward on R Turning 180° L (ending weight on
L)
5&6,7&8 R kick ball change, R kick ball change

S3: CROSS, SIDE, HINGE, SIDE SHUFFLE, CROSS, SIDE, SAILOR STEP

1,2,3&4 Step R across L, step L to side, half hinge R side shuffle R,
5,6,7&8 Cross L over R, Step R to side, L sailor step #

S4: TOUCH, ¼ HITCH, COASTER STEP, FORWARD, ¼ TURN CROSS, TOGETHER, HEEL

1,2,3&4 Touch R to side, ¼ turn R hitch, R coaster step
5,6,7&8 Step L forward, ¼ turn R, cross L over R, step R together, L heel forward

S5: TOGETHER, HEEL, TOGETHER, HEEL, TOGETHER, STEP, TWIST, TWIST, COASTER STEP, STEP, TWIST, TWIST

&1&2&3&4 Step L together, R heel forward, step R together, L heel forward, step L together, step R
forward, twist heels R, twist heels centre (weight L)
5&6,7&8 R coaster step, step L forward, twist heels L, twist heels centre (weight L)

S6: ROCK FWD, REPLACE, ½ TURN, ½ TURN, ROCK BACK, REPLACE, FULL TURN FWD

1,2,3,4 Rock Step R forward, replace weight on L, full turn back over R Stepping R, L
5,6,7,8 Rock Step R Back, replace weight on L, full turn forward over L Stepping R, L

S7: FORWARD, REPLACE, SHUFFLE BACK, BACK, REPLACE, SHUFFLE FORWARD

1,2,3&4 Rock forward R, replace weight on L, Shuffle back: R,L,R
5,6,7&8 Rock back L, replace weight on R, (OPTION: jump back on L and slightly lift R leg), Shuffle
forward: L,R,L

RESTART DANCE

TAG – End of Wall 2

1,2,3,4 – Rocking chair: Rock forward R, replace on L, rock back on R, replace on L

SHORT WALL - Wall 5

Dance up to count 24#, add the following 4 count Tag.

1,2,3,4 – Touch R to R side, hitch R, touch R to side, Hitch R, restart dance.

To finish the dance – You will be up to count 38 (coaster step), stomp L forward

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