

Behind The Green Door

COPPER **KNOB**
BY STEPHEN

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Lois Roberts (USA) - September 2015
音樂: Green Door - Shakin' Stevens
或: The Green Door - Jim Lowe



S1: HIP BUMPS

1-4 Bump hips right twice, Bump hips left twice
5-8 Bump hips right, left, right, left

S2: SIDE MAMBO RIGHT AND LEFT

1-2 Rock right foot to right side, recover weight on left foot
3-4 Step together with right foot, HOLD
5-6 Rock left foot to left side, recover weight on right foot
7-8 Step together with left foot, HOLD

S3: SIDE MAMBO RIGHT WITH ¼ TURN LEFT, SIDE MAMBO LEFT

1-2 Rock right foot to right turning ¼ Left, recover weight on left foot
3-4 Step together with right foot, HOLD
5-6 Rock left foot to left side, recover weight on right foot
7-8 Step together with left foot, HOLD

S4: SAILOR & HOLD LEFT AND RIGHT

1-4 Step right behind left, left to side, right together, HOLD
5-8 Step left behind right, right to side, left together, HOLD

S5: STEP WITH ¼ TURN WITH HOLD TWICE

1-2 Step forward right, HOLD
3-4 Turn ¼ left, HOLD
5-8 Repeat steps 1-4

S6: RIGHT KICK BALL CHANGE X 2 WALK BACK WITH A JUMP

1&2 Kick right forward, step on ball of right, step left beside right
3&4 Repeat steps 1&2
5-8 Walk back right, left, right, jump both feet slightly apart (8)

HAVE FUN (Dance Needs To Be Done With Attitude)

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