

Outta Love

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sally Hung (TW) - September 2015
音樂: I'm Outta Love - Anastacia



Sequence of dance: S1-S8 Tag/ S1-S7/S1-S8 Tag/ S1-S8/S1-S3(4counts)/S1-S8/S1-S7
Intro: 32 counts from heavy beats

Tag (4 counts) Rocking Chair

1,2,3,4 Rock fwd on R, recover onto L, rock back on R, recover onto L

S1. SIDE TOGETHER, SIDE CHASSE, SIDE TOGETHER, SIDE CHASSE

1,2,3&4 Step R side, step L together, step R side, step L together, step R side

5,6,7&8 Step L side, step R together, step L side, step R together, step L side

S2. SIDE BEHIND, SIDE BEHIND, SIDE CHASSE, ROCK BACK RECOVER

1,2,3,4 Tap R toes to R, tap R toes behind L, tap R toes to R, tap R toes behind L

5&6,7,8 Step R side, step L together, step R side, rock L behind R, recover onto R

S3. SIDE, HOLD, TOGETHER, ROCK SIDE, RECOVER, BEHIND, ¼ R, FWD, HITCH

1,2,&3,4 Step L to the L, hold, step R next to L, rock L to the L, recover onto R

5,6,7, 8 Step L behind R, turn ¼ R stepping fwd on R, step fwd on L, hitch R

*On wall 5, dance 1,2&3,4, the count 3,4 with be changed to: "Step L to L(3), touch R next to L(4), then restart"

S4. FWD ROCK RECOVER, SIDE ROCK RECOVER, FWD POINT, SIDE POINT, FWD POINT, ¼ L FLICK

1,2,3,4 Rock fwd on R, recover onto L, rock R to R, recover onto L

5,6,7,8 Touch R toes fwd, touch R toes to the R, touch R toes fwd, ¼ turn L flick R

S5. CROSS, SIDE, HOLD, CROSS, SIDE, CROSS, SIDE ROCK RECOVER, COASTER STEP

1,2,&3&4 Cross R over L, step L to L, hold, cross R over L, step L to L, cross R over L

5,6,7&8 Rock L to L, recover onto R, step back on L, step R next to L, step L fwd

S6. TOE SWITCHES x2, STEP R WITH HIP BUMPR X2, STEP L WITH HIP BUMP L X2

1&2&3&4& Touch R toes fwd, step R beside L, touch L toes fwd, step L beside R, touch R toes fwd, step R beside L, touch L toes fwd, step L beside R

5,6,7,8 Step R a little fwd and bump R to the R x2, bump L hip to L side x2

S7. SWEEP, STEP, SWEEP, STEP, COASTER STEP, SKATE, SKATE, FWD SHUFFLE

1&2&3&4 Sweep R from front to back, step R in place, sweep L from front to back, step L in place, step back on R, step L next to R, step fwd on R

5,6,7&8 Skate L, skate R, step fwd on L, step R together, step fwd on L

S8. JAZZ BOX ¼ TURN R, PADDLE ¼ TURN L X3, TOUCH

1,2,3,4 Cross R over L, ¼ turn R stepping back on L, step R to side, step L fwd

5,6,7,8 Make ¼ L pointing R toes to R, recover onto L, make ¼ L point R toes to R, recover onto L, make ¼ L pointing R toes to R, recover onto L, touch R toes next to L

Happy Dancing!

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