

拍數: 32

級數: Intermediate

編舞者: Christa Thomas (USA) - September 2015

音樂: Closure - Jill Scott



Intro: 16 Counts after track reaches full speed- beginning right after drums

牆數: 4

[1-8] ROCK, REC, JAZZ ¼ TURN, BALL, ROCK, REC, BALL, STEP, SWIVEL

- 1,2,3&4 R Rock Side, L Recover, R Cross Over L, L Step Back ¹/₄ Turn R, R Step To L,
- &5,6&7&8 L Ball Step, R Rock Fwd, L Recover, R Ball Step, L Step Fwd, Swivel Both Heels L, Home Placing Weight On R

[9-17] SIDE, ROCK, ROCK, SWEEP, SAILOR, SWEEP, SAILOR, STEP, LOCK, STEP, KNEE POP

- &1,2,3,4& L Step To R, R Step Side Rocking Hip R, L Rock Hip Side Looking L And Torqueing Shoulders L, Recover On R Sweeping L ½ Turn R Fwd, L Cross Over R, R Step Side
- 5,6&7&8&1 L Step Back Sweeping R Back, R Cross Behind L, L Step Side, R Step Fwd, L Lock Step Behind R, R Step Fwd, Bend Knees Lifting Both Heels Up, Straighten Knees Bringing Heels Back Down W/ Weight On R

[18-25] SAMBA 1/8 TURN, SAILOR 1/4 TURN, PIVOT ½, SAILOR CROSS SHUFFLE

- 2&3,4&5 L Cross Over R, R Step Side 1/8 Turn L (7:30), L Step Slightly Back Sweeping R Back, R Cross Behind, L Step Side 1/4 Turn L (4:30), R Step Fwd
- 6,7&8&1 Pivot ½ Turn L Placing Weight On R (10:30), L Cross Behind R, R Step Side, L Cross Over R, R Step Side, L Cross Over R (Still Facing 10:30)

[26-32] ½ WALK AROUND, ROCK OVER AND SIDE AND CROSS, TURN

- 2,3,4 (Shimmying Shoulders For Counts 2-4) R Step ¼ Turn R Fwd (1:30), L Step Fwd 1/8 Turn R (3:00), R Step Fwd 1/8 Turn R (4:30)
- 5&6&7,8 L Rock Fwd, R Recover, L Rock Side, R Recover, L Cross Over R, Unwind 7/8 To 3:00

***Ending- when dancing to unedited or non-extended version of music the dance ends on 8th rotation. On the 8th rotation dance to count 5 and hold while motioning right arm as if closing a door for count 6.

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Last Update – 21st Oct. 2015