Belle Of Belfast

拍數: 32

級數: Intermediate

編舞者: Thierry SCHMITT (FR) - September 2015

音樂: Tell Me Ma - Sham Rock : (Album: The Album)

This dance is our first choreography and we would like to dedicate it to our friends Jackie and Doug MIRANDA choreographers from California, who made our dream come true!

Feet position for the beginning of the dance: right foot in front of left heel, left foot behind right heel, toes outside.

IRISH STEP RIGHT

- 1-2 With a hook brush right foot diagonally to the right, tap with right toe
- 3&4 Do a little hop on left foot and at the same time do a hook with right foot, brush with right like step 1, brush with right backwards
- 5-6 Hop on left foot, step with right foot behind left heel

IRISH STEP LEFT

- With a hook brush left foot diagonally to the left, tap with left toe 1-2
- 3&4 Do a little hop on right foot and at the same time do a hook with left foot, brush with left like step 1, brush with left
- backwards
- 5-6 Hop on right foot, step with left foot behind right heel

SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE BACK, PIVOT ½ TURN

- 1&2 Step right foot forward, step left foot next to right, step right foot forward
- 3-4 Rock forward onto left foot, recover weight onto right foot
- 5&6 Step left foot back, step right foot next to left, step left foot back
- 7-8 Pivot 1/2 turn to right, right foot forward, left foot forward, weight onto left foot

WINE LEFT, CLAP, WINE RIGHT, ¼ TURN PIVOT, SHUFFLE BACK

- Right foot cross behind left, step left foot to left side, right foot cross over left, step left foot to 1&2 left side
- 3-4 Right foot forward on right heel and clap
- 5&6 right foot on right side, left foot cross behind right, step right foot to right side
- 7-8 Left foot cross over right foot, pivot 1/4 turn to right
- 9&10 Step right foot back, step left foot next to right, step right foot back
- 11&12 Step left foot back, step right foot next to left, step left foot back

REPEAT





牆數:4