

CuCu (布穀鳥) (zh)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Winnie Yu (CAN) - 2007年03月
音樂: Mueve Tu CuCu - El Simbobo



- 第一段** **Right Toe Touch X 3, Side, Left Toe Touch X 3, Side**
右足趾點3次, 左足趾點3次, 側
- 1 - 2 Touch Right Toe Diagonally Forward, Touch Right Toe To Right Side
右足趾斜角線前點, 右足趾右點
- 3 - 4 Touch Right Toe Diagonally Forward, Step Right To Right Side
右足趾斜角線前點, 右足右踏
- 5 - 6 Touch Left Toe Diagonally Forward, Touch Left Toe To Left Side
左足趾斜角線前點, 左足趾左點
- 7 - 8 Touch Left Toe Diagonally Forward, Step Left To Left Side
左足趾斜角線前點, 左足左踏
- 第二段** **Right Mambo Forward, Left Mambo Backward, Rock, Recover, ½ Turn, R Shuffle Fwd** 右前曼波, 左後曼波, 下沉, 回復, 轉1/2, 右前交換步
- 1&2 Rock Forward On Right, Recover Onto Left, Step Right Beside Left
右足前下沉, 左足回復, 右足併踏
- 3&4 Rock Back On Left, Recover Onto Right, Step Left Beside Right
左足後下沉, 右足回復, 左足併踏
- 5 - 6 Rock Forward On Right, Recover Onto Left 右足前下沉, 左足回復
- 7&8 Make A ½ Turn Right Stepping Forward On Right, Step Left Behind Right, Step Forward On Right
(6:00)
右轉180度右足前踏, 左足於右足後踏, 右足前踏(6點鐘)
- 第三段** **Left Mambo, Right Mambo, Step, Pivot ½ Turn, Left Shuffle Forward**
左曼波, 右曼波, 踏, 轉1/2, 左前交換步
- 1&2 Rock Left To Left, Recover Onto Right, Step Left Beside Right
左足左下沉, 右足回復, 左足併踏
- 3&4 Rock Right To Right Side, Recover Onto Left, Step Right To Right Side
右足右下沉, 左足回復, 右足右踏
- 5 - 6 Step Forward On Left, Pivot ½ Turn Right (12:00)
左足前踏, 右轉180度(12點鐘)
- 7&8 Step Forward On Left, Step Right Behind Left, Step Forward On Left
左足前踏, 右足於左足後踏, 左足前踏
- 第四段** **(Hip Bumps, ¼ Turn Left) X 3, Hips Bump**
(擺臀, 左轉1/4)3次, 擺臀
- 1&2& Bump Hips R L R, ¼ Turn Left With Left Knee Slightly Hitch (9:00)
擺臀-右, 左, 右, 左轉90度左膝略抬(9點鐘)
- 3&4& Bump Hips L R L, ¼ Turn Left With Right Knee Slightly Hitch (6:00)
擺臀-左, 右, 左, 左轉90度右膝略抬(6點鐘)
- 5&6& Bump Hips R L R, ¼ Turn Left With Left Knee Slightly Hitch (3:00)
擺臀-右, 左, 右, 左轉90度左膝略抬(3點鐘)
- 7&8 Bump Hips L R L 擺臀-左, 右, 左

