

Stop Dreaming

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Beginner waltz
編舞者: Jan Brookfield (UK) - September 2015
音樂: When I Stop Dreaming (feat. Dolly Parton) - Don Henley



NB. Start on main vocals after 16 seconds.

Alt. music: Cliff Richard - "When the Girl in your Arms"

Or other slow waltz songs of your own choice.

Section 1 : ROCK FORWARD, RECOVER, STEP BACK, ROCK BACK, RECOVER, STEP FORWARD

1,2,3 Rock forward on R, recover onto L, step back on R
4,5,6 Rock back on L, recover forward onto R, step forward on L

Section 2 : STEP FORWARD, ¼ PIVOT LEFT, CROSS, SIDE ROCK, RECOVER, CROSS

7,8,9 Step R forward, making quarter pivot left transfer weight onto L, step R across L
10,11,12 Rock L to left side, recover onto R, step L across R

Section 3 : SWAY x 3, STEP ¼ TURN LEFT, ROCK ¼ TURN LEFT, RECOVER

13,14,15 Step R to side swaying hips out to right, sway left, sway right again
16,17,18 Making ¼ turn left step L forward, making another ¼ turn left rock R to right side, recover weight onto L (3 o'clock)

Section 4 : RIGHT TWINKLE, LEFT TWINKLE

19,20,21 Step R across in front of L, step L back, step R to side
22,23,24 Step L across in front of R, step R back, step L to side

Options : Use arms throughout for balance and style.

Music slows down at the end – you may wish to improvise!
