She's Kinda Hot



拍數: 32 牆數: 4 級數: Improver

編舞者: Jo Hough (AUS) - September 2015

音樂: She's Kinda Hot - 5 Seconds of Summer: (iTunes)



#8 count intro. Start 8 seconds in on lyric "My girlfriend"

Sec 1: □□WALK BACK RL,	COASTER STEP.	SHUFFLE.	. 1/4 TURN L (9)

1-2 Walk back R. Walk back L

Step R back. Step L together. Step R forward
Step L forward, step R together, step L forward
Step forward on R ½ turn left, take weight to left foot

Sec 2: □□ACROSS SIDE, SAILOR STEP. CROSS HOLD AND CROSS SHUFFLE (9)

1-2 Cross R over L, step L to L side

3&4 Step R behind L, step L together. Step R to R side

5-6 Step L across R, hold

&7&8 step R to side, step L over R, step R to R side, step L over R ***

Easier option for beginners – replace sailor step with coaster to front and take the angle out of the hold and shuffle by squaring up to the front wall.

Sec 3: □□SIDE ROCK, BEHIND 1/4 TURN STEP, STEP LOCK STEP, SHUFFLE (6)

1-2 rock R to right side, recover weight to L

3&4 step R behind L, ¼ turn to L on L (&) step R forward (6)

5-6 step L forward, step R behind

7&8 step L, step R together, step L forward

Sec 4: □□¼ PIVOT, ½ PIVOT, STEP HITCH, STEP BACK, OUT, OUT (9)

1-2 Step ¼ turn L on R foot, recover weight to L foot 3-4 Step ½ turn L on R foot, recover weight to L foot

5-6 Step forward on R, hitch L knee

7&8 Step back on L, step R out to side, step L out to L side

Start Again

Dedicated to all the 5 SOS mamas out there!

Optional extra:

*** 48 seconds in there is a guitar riff after Sec 2 count 8 – 5 SOS Mamas may wish to play their air guitars for the next 16 counts.

Resume the dance at the front wall after guitar riff; otherwise just continue to dance the walls in sequence.

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