

Cups

拍數: 32 牆數: 2 級數: Ultra Beginner - Non-Country
編舞者: Aurélie GAAG (FR) - September 2015
音樂: Cups (Pitch Perfect's - When I'm Gone) (Pop Version) - Anna Kendrick : (Album: Pitch Perfect 2)



Intro :16 counts -

[1 à 8] : TOE STRUT R – TOE STRUT L – ROCKING CHAIR R

1 – 2 Step Right forward, stomp
3 – 4 Step Left forward, stomp
5 – 6 Rock Step forward Right
7 – 8 Rock Step backward Right

[9 à 16] : STEP ¼ TURN L – STOMP x2 - STEP ¼ TURN L – STOMP x2

1 - 2 Step R ¼ Turn to left
3 - 4 Stomp step R – Stomp step L
5 - 6 Step R ¼ Turn to left
7 - 8 Stomp step R – Stomp step L

Restart here during 5th wall

[17 à 24] : WALK FORWARD KICK – WALK BACK TOUCH

1 - 2 Walk R forward – Walk L forward
3 - 4 Walk R forward – Walk L forward Kick
5 - 6 Walk L back – Walk R back
7 - 8 Walk L back – Walk L back touch

[25 à 32] : STEP TOUCH R – STEP TOUCH L x 2

1 – 2 Step Right to Right, touch Left beside to Right
3 – 4 Step Left to left, touch right beside to left
5 – 6 Step Right to Right, touch Left beside to Right
7 – 8 Step Left to left, touch right beside to left

Restart – wall 5 after 16 counts

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